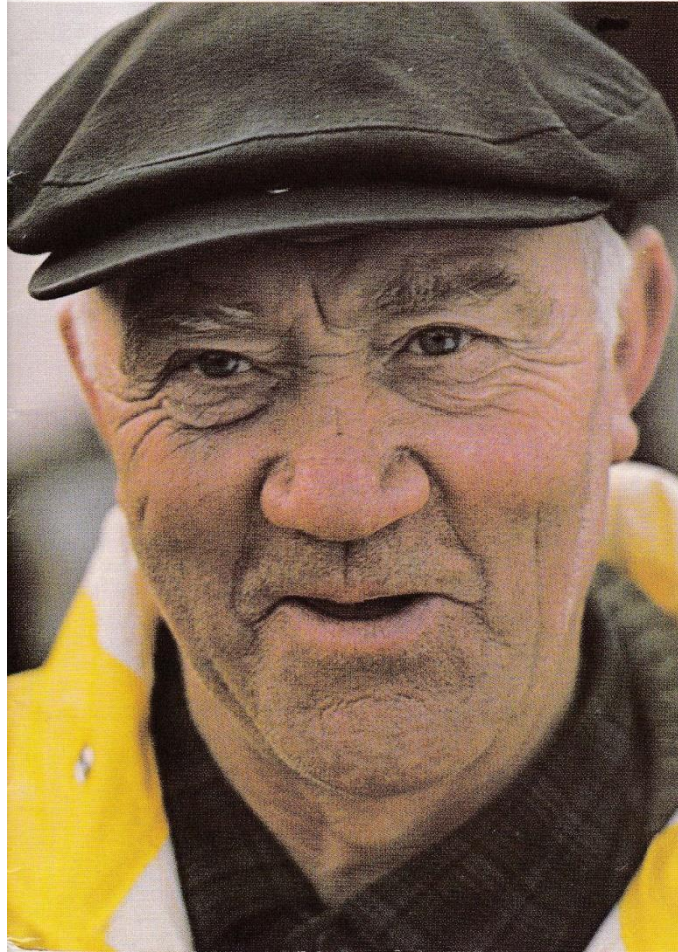


**Bergen
Stavanger
Kristiansand**

SAS City Portrait



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This is the 13th edition of Bergen/Kristiansand/Stavanger City Portrait printed in 60,000 copies - with a new section of Kristiansand included for the first time - and with information based on facts available in August 1980. Main changes to 12th edition: changes to opening hours of banks; Bergen - one restaurant deleted and one added; two shops deleted; Stavanger - all telephone numbers changed to six digits.



Front cover: Bergen, Stavanger and Kristiansand are busy fishing ports.

Introduction

Half the beauty of a trip to Bergen and Stavanger lies in the opportunities it affords to tour Norway's Fjord Country.

Car, bus, rail, steamship, speedy hydrofoil - all combine to offer innumerable excursions, for as long as a month or more, or as short as a day-return.

By bus and boat you can explore the green and charming Hardanger Fjord, ablaze each May with apple blossom. Visit the magnificent Pulpit Rock on Lyse Fjord. Or by train, bus and steamer rove the rugged 100-mile-long Sogne Fjord - vastest of the fjords with its cascading waterfalls and its silent saltwater inlets, in parts 1,200 m (4,000 ft.) deep. But these are just examples. Seven major fjords contribute to western Norway's overwhelming beauty. How to pick from it all? ... On pages 43-46 we have innumerable the prime landmarks you will see along each of the principal fjords with pen pictures of some of the towns.

Entry regulations

Passport and visas. All travelers, except citizens of Denmark, Finland, Iceland and Sweden, must hold a valid passport and, in the case of certain nationalities, a visa is also required. The latter can be obtained easily through the nearest Norwegian consulate.

The monetary unit is the Norwegian "krone" (N.cr.), divided into 100 "øre".

Restaurants and cuisine

Eating well in Norway means savoring some of Europe's choicest fish. In particular, Bergen and Stavanger are renowned for their boiled cod and boiled "pale", two delectable local dishes. Equally, you may enjoy the large shrimp specialities, or fresh North Sea lobster; trout boiled or fried in sour cream; and Norwegian salmon smoked or boiled and served with a rich mixture of whipped sour cream and horse-radish.

Other local delicacies include "fjellrype" (ptarmigan, mountain cousin of the partridge); woodcock; capercaillie; wild duck; venison; cured lamb; "spekeskinke" (cured ham); the popular "fenalår" (cured, smoked leg of mutton) served with scrambled eggs and fresh vegetables; "lapskaus", a combination of meat, potatoes and other vegetables; Christmas porridge; "lutefisk" (stock cod soaked in the extract of ashes) and reindeer meat.

The particular joy of eating breakfast, lunch, dinner or supper in Bergen, Kristiansand and Stavanger, however, is the famed Norwegian "Cold Table" - a central table laden with eggs, meat,

salad, herring and cheese, bread, butter, milk, coffee and tea. It is a fine array to which you can go again and again all at a fixed meal price.

MEAL TIMES AND PRICES

Breakfast is served from 07.00 to 11.00 hrs. (if you want continental breakfast ask for coffee or tea complét – if you possess a hearty morning appetite, then order Norwegian “frokost”). The former costs around N.cr.15-20, the latter N.cr.24-28 plus service.

Lunch-time starts around 13.00 hrs. and the prices vary between N.cr.35-50. Dinner is served from 19.00 hrs., consisting generally of a three-course meal comprising hors d'oeuvre or soup, fish or meat and dessert. Expect to pay between N.cr.45 and 70.

WHAT TO DRINK

Besides the international drink list, that prevails here, there is a good local beer called “Hansa”, and, of course, the “skål-renowned” liquor for which Scandinavia is world famous: aquavit. Indigenous to Norway is the famous Linje aquavit, just one of many from which you may choose. As the wording on the reverse side of the label of every bottle explains, Linje aquavit is flavored by being carried in a cherry-impregnated cask in the hold of a ship – for the sake of continuous movement – across the Equator and back: hence the name, Linje, “the line”.

There are some minor restrictions on the sale of alcoholic beverages in Norway. Liquor is not served before 15.00 hrs. and not at all on Sundays, when it is only permissible to serve wines and beers.

Tipping

The formula for tipping in Bergen, Kristiansand and Stavanger, as throughout the whole of Norway, is very straightforward. A standard 10-15 % surcharge is automatically added to all hotel and restaurant bills. In respect to hotel settlement, the services of hall porter and luggage porter are normally included in the bill.

It is usual to tip taxi-drivers 10 % of the metered fare. Hairdressers and barbers do not expect a tip, but it is not uncommon for satisfied customers to leave them N.cr.5. The use of the theater cloakroom is included in the price of admission, and ushers at theaters and cinemas are never tipped.

Shopping and souvenir hunting

The charm of shopping – or window shopping – in Bergen, Kristiansand and Stavanger is manifested by a variety of folkcraft. You will see it not only in the patient traditions of a beautiful handwoven tapestry, but also in gay, leaf-dappled wood carvings, in elegant glistening silver and in the exquisite enamel jewelry.

WHAT TO BUY

Comprehensive lists of shops are to be found under the respective chapters (Bergen, page 21, Kristiansand, page 31, or Stavanger, page 40).

Textiles

Colorful rya rugs, embroidered wall hangings, cushions, hand-woven plaids, napkins and tablecloths are all worth looking at. So, too, are hand-knitted sweaters including the famous “lusekofte” range and the silk-lined après-ski jackets.

Handicrafts

Dolls, toys, the traditional rose-painted wooden trays, bowls and boxes are all fine products of the West Coast's rich cottage industries.

Jewelry

Silver jewelry featuring Norwegian semi-precious stones in contemporary design should be on your shopping list. Names? The PLUS organization uses designs by Tone Vigeland, Anne Greta Eker and Erling Christoffersen, while TROLL jewelry is both traditional and modern with designs by Uni David-Andersen, Harry Sørby, Unn Tangerud, Ben David-Andersen, Marianne Berg and Bjørn Østern.

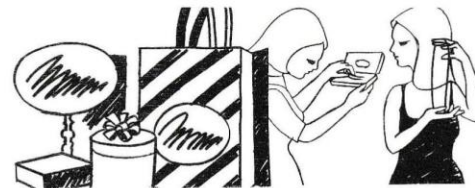
Enameled silverware

You *must* take home an article of enameled silverware for this is a Norwegian speciality and has collected many international awards. Equally tempting are dessert and tea spoons, cuff links, shaped plates, cocktail sets and ash trays.

Pewter which has undergone a special treatment is also very popular in Norway. We suggest you look for items such as sugar bowls, round trays, candlesticks, pitchers, as well as the excellent cutlery. Ornaments in the shape of Viking ships and drinking horns can also be found in pewter.

Glassware and ceramics

Norwegian glassware is of the highest standard and for a particularly delightful memento, we recommend a piece of the Hadeland crystalware in the shape of a bird or fish. The pottery, too, will hold your interest and Norwegian ceramics are certainly worth examining.



Furs

Here, the name to remember is SAGA – look for the mink and bluefox. Compare the prices with the pelts back home, and we're sure you're in for a very pleasant surprise!

Sports equipment

Of course, in Norway, the Cradle of Skiing, it is only natural that the skiing equipment is of the highest quality and at very reasonable prices. The angler, too, will find an assortment of fishing rods and other tackle at attractive prices. In fact, if you're a sporty person a visit to a sports shop, or department of a store, ought to be made. The Norwegians are an outdoor people, and subsequently sports equipment tends to be reasonably priced and of an excellent standard.

Special gift suggestions

For her – a pair of warm sealskin slippers, or outdoor boots, silver ear-rings made from an original Viking design, or for someone really special, why not one of the local folk costumes?

For him – a hand-knitted tie, pewter drinking mug, one of the famous Lillehammer pipes or a ski sweater.

And why not treat yourself to a typically Norwegian gift – a miniature Viking, complete with helmet, carved in teak?

Antiques

The genuine "finds" nowadays are few and far between, but you will have an enjoyable time hunting for painted chests and tapestries – and, who knows, you may even find a spinning wheel or other unusual Norwegian bucolic item.

REMINDER

When buying apparel of any kind be careful of size numerals. The shop assistants can generally advise you as to the correct equivalents of the various countries. Alternatively, you can always revert to that age-old infallible invention: the tape-measure!

Remember goods sent to addresses outside Norway, or to the transit halls of Bergen, Kristiansand or Stavanger airports for your collection, are free of purchase tax.

LANGUAGE

The majority of the shop assistants in the principal stores speak English, German and in some cases, French.

Business hours

Banks: Banks are open between 08.00 and 15.30 hrs. weekdays, during summer to 15.00 hrs. Thursdays 08.00 to 18.00 hrs., during summer to 17.30 hrs. Saturdays closed.

Business houses: Weekdays 09.00 to 16.00 hrs., Saturdays 09.00 to 13.00 hrs.

Climate and clothing

The whole year through, the Gulf Stream's tropical currents moderate the entire climate of the Bergen, Kristiansand and Stavanger area. And whilst the average annual rainfall here is somewhat high, the region is blessed with a summer, that is dry and often balmily warm with a surprisingly mild spring and fall.

The average monthly high and low temperatures are:

	High °F	C°	Low °F	°C		High °F	°C	Low °F	°C
January	37	2.7	29.5	-1.4	July	67	19.9	54.5	12.6
February	38	3.3	30.6	-0.8	August	65.3	18.6	53.8	12.1
March	42.5	5.8	33	0.5	September	59.2	15.2	50.1	10.1
April	48.5	9.2	38	3.4	October	50.6	10.8	43.3	6.3
May	58	14.4	44.5	6.9	November	45	7.2	38	3.2
June	61.5	16.5	49.2	9.8	December	41.5	5.3	34.7	1.5

Norwegians dress informally. For theater and concert outings it is usual to wear dark dress or suit. It is wise to carry your raincoat or umbrella, especially in winter, when a warm topcoat is also a necessity.

Dry-cleaning and laundry are matters to leave to your hotel. If possible allow two days.

Twenty words to begin with

It is always that much more satisfying to understand the language of the city you are visiting.

And although most of the citizens of Bergen, Kristiansand and Stavanger speak and understand English well, it is both comforting and courteous to have the basic "thank you", "excuse me" and "hello" tucked up your linguistic sleeve.

English	Norwegian	English	Norwegian
Hello	Hallo, morn	One	En, et
Thanks	Takk	Two	To
Excuse me	Unskyld	Three	Tre
How much	Hvor meget	Four	Fire
This, it	Dette, det	Five	Fem
Where	Hvor	Six	Seks
Street	Gate	Seven	Sju
Mr.	Herr	Eight	Åtte
Mrs., Miss	Frue, Frøken	Nine	Ni
Yes	Ja	Ten	Ti
No	Nei		

Public Holidays

Shops and offices are closed on January 1 (New Year's Day), Maundy Thursday, Good Friday, Easter Monday, May 1 (Labor Day), Ascension Day, May 17 (Independence Day – the time when processions and flags are very much in evidence), Whit Monday, December 25 (Christmas Day) and December 26 (Boxing Day).

Bergen

Founded by King Olav Kyrre in 1070 on the site of an earlier settlement, Bergen is one of the country's oldest towns and probably its most interesting. Until as late as 1909, when the Oslo-Bergen railway surmounted the vast Hardanger mountain plateau to facilitate domestic travel, Bergen was closer in many ways to Britain and the Continent than it was to the rest of Norway.

Typical of the Bergener's attitude to his city is the little Bergen boy, who while attending school in a neighboring town refused to divulge his birthplace and later explained, "I didn't want to boast the first day". Indeed, Bergen has much to boast about. In the 12th and 13th centuries, one of Norway's most prosperous periods, it was the capital of the entire kingdom. Many Norwegian kings were crowned here and many are buried here. It is, however, to mercantile trade first that Bergen owes its wealth and reputation. During the 14th and 15th centuries it was one of the cities, that controlled commerce in Northern Europe.

And without doubt, it is this rich, salty, sea-spawned heritage – sprinkled with reminders of Norway's Medieval past – that lends any stroll through the city an undeniable charm.

Meandering, cobbled streets; the old city Gate at Kalfaret; imposing Håkonshallen (King Haakon's Hall) from the 13th century; St. Mary's Church, oldest edifice in Bergen ... all epitomize the Bergen of yesteryear.

But none more so than the waterfront. Picturesque, old high-gabled wooden warehouses line its quayside. Big passenger steamers provide exciting comings-and-goings. And fish-laden smacks sail in to set out for sale the morning's catch in the colorful harborside market.

And what of modern Bergen? ... It is still Norway's leading shipping and fishing center, affording a spacious, sheltered harbor – free from ice the year round, thanks to the Gulf Stream's warming currents.

With its 213,000 inhabitants, Bergen is today Norway's second largest city – commercially and characteristically a product of the sea.

Complementing the various shipping lines and excellent road and rail connections is Bergen's busy airport, hub of a dense intra-Scandinavian network, which is also served by direct flights from New York, London and Copenhagen.

The offshore oil activities in the North Sea have also resulted in the establishment of the CCB – Coast Center Base – Oilbase at Ågotnes 35 km (21 miles) west of Bergen.

With its fresh, green parks, its open squares, and tree-lined lakes, Bergen was meant to be explored on foot. A number of fine art galleries and museums await the wanderer, including the Bergen Aquarium with one of Europe's most comprehensive collections of marine fauna.

Bergen is also the convention, education and cultural capital of Norway's west coast. Its university is one of the nation's leading centers of learning. And the city's contribution to the performing arts is highlighted each Spring (last week in May, first week in June) by the Bergen International Festival – a yearly dedication to the memory of Bergen's own Edvard Grieg. Writer Ludvig Holberg and famed violinist Ole Bull have both in turn called Bergen "home". The city's famed Harmonien – one of the world's oldest philharmonic orchestras – recently celebrated its double centenary. And Den Nationale Scene, Norway's oldest theater, is still a celebrated medium for the works of Henrik Ibsen.

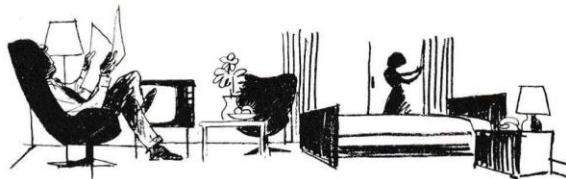
Today, Bergen's historic charm is pleasantly rounded out by a cluster of excellent, cosmopolitan-style hotels and restaurants. And whether you come to absorb the historic quaintness and hamlet-like calm and color that is so obviously a part of Bergen, or to explore its breathtaking surroundings of fjords, sea and mountains – this 900-year-old gateway to Norway, and Scandinavia, will prove itself a most engaging host.

Your arrival in Bergen

You land at Bergen Airport, located 19 km (12 miles) south of the city center. SAS personnel will direct you to the Arrival Building for passport and customs control. The airport has a cafeteria, bank, post office, car-hire desk and newsstand. Should you have any inquiries, consult the SAS staff.

The bus-stop and the taxi-stand are just outside the airport building. The bus takes visitors to Bergen Downtown Terminal, a trip which lasts 30 minutes and costs N.cr.15. A taxi will also take you into town in 25 minutes, and the fare is about N.cr.100.

If you are flying on from Bergen one of the first things to do on arrival is to reconfirm your onward reservation by informing the SAS office at 1 Vågsalmenning.



Hotels

With a reputation for wholehearted hospitality, 3,000 beds to back it, and an international understanding of what true hostelry means – Bergen offers you a warm Norwegian welcome.

It's a hospitality, you can enjoy in any of the city's modern hotels, comprehensive in their offering of rooms with private bath or shower, TV, radio and telephone – or in any of Bergen's comfortable hostelryes or pensions.

Several of the hotels – principally the Norge, Orion, Bristol, Neptun and Rosenkranz – provide cocktail bar, restaurant with music and dancing, conference rooms and banqueting halls, the largest of which can accommodate up to 600 guests. It is always wise to book in advance. In this respect you should contact your travel agent or SAS. Either can offer you, through the SAS Travel Planning Service, detailed information on first and tourist class hotels – with immediate confirmation of accommodation in most. Should you arrive unaccommodated, however, the SAS staff will do all they can to assist you.

Prices for a single room, with shower in first class would be between N.cr. 230 and 270, for a double room with bath between N.cr.350 and 420. In tourist class hotels rates for a single room with shower vary between N.cr.150 and 220, double room with bath or shower N.cr.200-330. These room charges include breakfast and service charge.

Ambassadeur Hotel (G7)
9. V. Torvgate.
Tel. 21 67 86.

Augustin Hotel (D5)
24 C. Sundtgate.
Tel. 23 00 25.

Bristol Hotel (F6)
2 Markeveien.
Tel. 23 26 00.

Fantoft Summer Hotel
(off map)
Fantoft. Tel. 28 29 10.

Hatleberg Summer Hotel
(off map)
Hatleveien. Tel. 25 60 10.

Hordaheimen Hotel (E6)
18. C. Sundtgate.
Tel. 23 23 20.

Neptun Hotel (E6)
8 Walckendorffsgate.
Tel. 23 20 15.

Hotel Norge (G6)
4 Ole Bulls Plass.
Tel. 23 30 00.

Orion Hotel (D4)
3 Bradbenken. Tel. 23 16 10.

Rosenkrantz Hotel (E4)
7 Rosenkrantzgate.
Tel. 23 23 00.

Slottsgården Hotel (D4)
3 Sandbrugaten.
Tel. 21 37 17.

Strand Hotel (F5)
4 Strandkaaien.
Tel. 31 08 15.

Hotel Terminus (H4)
71 Kong Oscarsgate.
Tel. 31 16 55.

Note: The standard voltage in Bergen is 220 volts 50 cycle A.C.

Restaurants

Airport Cafeteria (off map)
Bergen Airport.
Tel. 22 69 03.

Bajazzo (D4)
Hotel Slottsgården,
3 Sandbrugt. Tel. 21 37 17.

Baldakinen (G6)
Norge Hotel.

Bellevue Restaurant (L2)
9 Bellevue Bakken. (Closed on
Sundays). Tel. 31 03 33.

Bristol Mirror Room (F6)
Bristol Hotel. Tel. 23 26 00.

Bryggen Tracteursted (E4)
Bryggestredet. Tel. 21 38 57.

Brygge Stuen Restaurant (E4)
6 Bryggen. Tel. 21 89 20.

Chianti Restaurant (I5)
Central Bus Station.
Tel. 21 77 96.

Du milde Måne (F6)
4 Chr. Michelsensgate.
Tel. 21 59 00.

Elsesro (A2)
Old Bergen. Tel. 25 70 34.

Fløyrestauranten (H2)
Fløyen Mountain.
Tel. 31 26 24.

Galeien (D4)
Hotel Orion, 3 Bradbenken.
Tel. 23 16 10.

Grand Café (G6)
11 Olav Kyrres gate.
Tel. 21 35 18.

Grillen (G6)
Norge Hotel.

Helge's Grill (F6)
3 Tårnplass. Tel. 21 60 25.

Holbergstuen (F5)
6 Torgalmenning.
Tel. 21 53 53.

Holms Discosteak House (H4)
45 Kong Oscarsgate.
Tel. 21 44 77.

Mon Plaisir (F5)
2 Strandgaten.
Tel. 21 14 80

Neptun Restaurant (E6)
8 Walckendorffsgate.
Tel. 23 20 15.

Norge Dancing (G6)
Norge Hotel.

Hotel Norge (G6)
4 Ole Bulls Plass.
Tel. 23 30 00.

Ole Bull (G6)
Norge Hotel.

Oscar II (G6)
16 Vaskerelvsmuget.
Tel. 21 77 35.

Rosenkrantz (E4)
7 Rosenkrantzgate.
Tel. 23 23 00.

Show Boat (G6)
1a Torggaten. Tel. 21 77 35.

Villa Amorini (H5)
Rasmus Meyers Allé 5.
Tel. 23 31 71.

Wesselstuen (F6)
Ole Bulls Plass. Tel. 21 29 06.

Willies (F6)
15 Ole Bulls Plass.
Tel. 21 02 76.

Yang Tse Kiang (F5)
3 Torvet.
Tel. 21 75 60.
Chinese Restaurant.

Outstanding for delicatessen-style delicacies are the Pâtisseries Reimers (G5) and Helgesen (G6). *(cont'd on page 15)*





Code numbers in the Bergen section of this booklet refer to the above map. Thus (F5) is located where lines drawn from "F" and "5" cross each other.

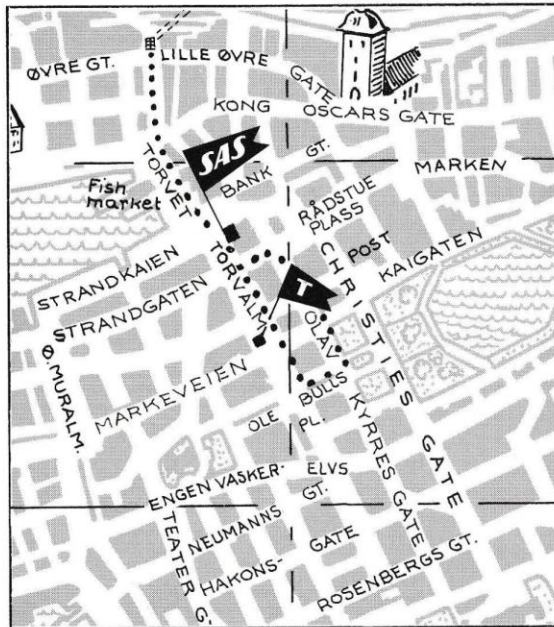
Interesting sights in Bergen

- | | |
|---------------------------------------|---|
| (D4) Bryggens Museum. | (C6) Byparken (The City Park with Arts & Crafts Museum, Municipal Art Gallery and Fishery Museum, Stenersen's and Meyer's Collections). |
| (C5) Bergenhus Fortress. | (H7) The University (Museum of Natural History and History). |
| (D4) Mariakirken (St. Mary's Church). | (H8) Maritime Museum. |
| (E4) Bryggen (wooden warehouses). | (F6) Den Nationale Scene (The National Theater). |
| (E4) The Hanseatic Museum. | (A7) Nordnes Park, Aquarium. |
| (F5) The Fish Market. | (A2) Old Bergen (Open-air Museum). |
| (H2) Fløyen Mountain. | |
| (G4) The Cathedral. | |
| (H4) Main Railway Station. | |
| (I5) Central Bus Station. | |
| (H6) Grieg Hall. | |

Useful addresses

- SAS Ticket Office:**
1 Vågsalmenning (F5). Tel. 23 36 00.
Open hours: 08.30 to 16.00 hrs. weekdays; 08.30 to 13.00 hrs. Saturdays.
- Air Terminal:**
Bergen Bus Station (I5).
- Tourist Information Center:**
Torgalmenning (F6). Tel. 21 14 87, 21 90 26.

Distance from city center to airport: 19 km (12 miles).

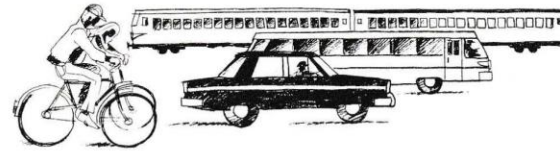


One hour's walk around Bergen

Leaving the SAS-office turn left around the corner of Bergen Bank into Olav Kyrresgt. Facing Norge Hotel you turn right along Ole Bulls plass and then right again down Torvalmenning, leading to Bergen's picturesque and unique fish market, where you'll enjoy watching the bickering and brisk trading between the fish dealers and the housewives. Across the harbor, you will see what the fires have left of the famous old wooden warehouses. Now cross the wide Torvet Square and head up Vetrilidsalmenning for the funicular railway, which will take you to the summit of the Fløyen mountain. Stop here at the restaurant for refreshments and enjoy the magnificent views of Bergen, the fjord, the mountains, and the ocean. You can walk down, if you have the time – and return the way you came to the SAS office.

SAS Ticket Office:
1 Vågsalmenning. Tel. 23 36 00.

Tourist Information Center:
Torgalmenning. Tel. 21 14 87, 21 90 26.



(cont'd from page 11)

Sights and excursions

For a well-balanced introduction to Bergen and its environs join one of the organized sightseeing coach or motor vessel tours. Coach tours start from Torgalmenningen (F5). During the high-season, the main daily tour, taking in all the important sights, lasts 2½ hours and costs N.cr.50.

In the morning there are shorter tours of an hour and a half duration, costing N.cr.25. An afternoon tour takes in the main attractions outside Bergen, including the 12th-century Fantoft Stave Church and Troidhaugen, Grieg's enchanting home, price N.cr.50. These tours are arranged by two companies, Drosjebilenes Turistbusser and Bergen Guided Tours. Boat trips operate every day from mid-May to mid-September to the outer islands and along the fjords.

For more detailed information ask at the Tourist Information Center (F5).

For those who wish to sightsee under their own steam, we list below the principal sights of Bergen, the references in paranthesis referring to the map on the center spread.

CITY INTEREST POINTS

Bergenshus (D5). A royal residence since the 12th century – Bergenshus comprises not one but a cluster of restored and partially-restored buildings, some dating back in origin to the days of King Olav Kyrre, founder of Bergen. For long the imposing stronghold guarding the harbor entrance, its remains stand today a memorial to the city's checkered career.

Of the buildings situated within the old fortified walls, the most impressive are the Rosenkrantz Tower (1562-67) and King Haakon's Hall, originally erected in 1261 by Håkon IV. Beautifully decorated within, the Hall is open to the public from 10.00 to 16.00 hrs. (Between September 15 and May 14: Thursdays 15.00 to 18.00 hrs., other days: 12.00 to 15.00 hrs.) It is used today for ceremonial banquets. Admission charge.

Mariakirken (St. Mary's Church – D4). Built during the first half of the 12th century, St. Mary's Church is the oldest building in Bergen and one of the finest Romanesque churches in the whole of Norway. The pulpit, pride of the church and a relic from the 1670s, is a masterpiece of Baroque workmanship. Open weekdays May 1 to September 30, 11.00 to 16.00 hrs., except on Saturdays. From September through May, open weekdays 12.00 to 13.30 hrs., except Tuesdays and Saturdays. Admission charge. Tel. 21 28 19.

Schøtstuene (E4). Four assembly rooms which vividly illustrate social life in Bergen some hundred years ago. During summer open daily 10.00 to 16.00 hrs. In May and September open daily from 11.00 to 14.00 hrs. Off season, open on appointment (Sundays 11.00 to 14.00 hrs.), tel. 21 91 94. Admission charge.

Bryggen (The Wharf – E4). This colorful terrace of steep-gabled wooden warehouses, that line the waterfront, is an engaging reminder that Medieval Bergen was once a flourishing Hanseatic port.

The buildings were erected after the great fire of 1702 as authentic copies of earlier houses. Unfortunately another fire in 1955 reduced a section of Bryggen to ashes. Although disastrous, the fire has given archaeologists an opportunity to unearth unique relics from Norway's pre-Hanseatic times.

Hanseatic Museum, Bryggen (E4). One of the best preserved and oldest wooden buildings in town furnished in 16th century style. The interior of this museum gives an intimate picture of merchant life in the Hansa days. During summer open daily 10.00 to 16.00 hrs. In May and September open daily from 11.00 to 14.00 hrs. Off season open by appointment (Sundays 11.00 to 14.00 hrs.), tel. 21 91 94. Entrance charge.

The Fish Market (F5). Picturesquely set at the waterfront, Bergen's busy open-air fish-and-flower market is a camera-addict's dream. Here you can spend an enthralling hour or two watching the knowledgeable customers bargaining with oilskin-clad fishermen.

Almost as old as the town itself, the famous market has not always occupied its present site, but has moved gradually over the years, as the creek has filled in.

Mount Fløyen (H2). Bergen's famous funicular railway offers sightseers the easy way to the top of Mount Fløyen – an inspiring vantage-point with delightful views of the town and archipelago.

There is a fine restaurant at the top, where anything from a full-course meal to coffee and cakes can be followed – if the “constitutional” stroll appeals to you – by a wander through beautiful sylvan terrain etched with silver lakes and humpbacked mountains.

You can walk or ride down to Bergen's center.

The funicular operates from early morning till midnight. Return fare N.cr.8 adults, N.cr.4 children.

The Cathedral (G4). Medieval church dedicated to Norway's patron saint, St. Olav, Bergen Cathedral has been restored many times. The oldest part of the building dates from the 12th century, while the choir and the lower part of the tower are 13th-century Gothic style.

Open from 11.00 to 14.00 hrs. during the summer months. Tel. 31 04 70.

Museum of Arts and Crafts (Vestlandske Kunstindustrimuseum – G6). The Museum contains both fine and applied arts from many countries. Of special interest are the collections of European pottery, antique Bergen silver and handiwork. Admission May 15 to August 31, weekdays 10.00 to 15.00 hrs. Sundays 12.00 to 15.00 hrs. The remainder of the year open every day except Mondays, 12.00 to 15.00 hrs. Admission N.cr.3. Tel. 21 51 08.

Rasmus Meyer's Collection (G6), Rasmus Meyers Allé. Fine collection of Norwegian paintings, including many works by Edvard Munch. May 15 to August 31, open weekdays 11.00 to 16.00 hrs., Sundays 12.00 to 15.00 hrs. Off season, daily except Tuesday, 12.00 to 15.00 hrs. Tel. 21 64 71.

Municipal Art Museum, 3 Rasmus Meyers Allé (G6). “Bergen Billedgalleri”. Notable collection of Norwegian paintings covering the last 150 years. Also fine examples of European art. May 15 to August 31, open weekdays 11.00 to 16.00 hrs., Sunday 12.00 to 15.00 hrs. Off season, daily except Monday, 12.00 to 15.00 hrs.

Bergen Fine Arts Society (G6). The city's picture gallery possesses a fine collection of Norwegian paintings from the 19th and 20th centuries and a small collection of European sculpture and paintings.

The hours of admission are weekdays 12.00 to 15.00 hrs., 18.00 to 20.00 hrs. Monday closed. Saturday and Sunday 12.00-15.00 hrs. During the summer the admission fee of N.cr.5 adults, also covers entry to the above Museum. The building that houses the Bergen Art Museum also houses the Fishery Museum – see below.

Stenersen's Collection (G6). More than 200 works by well-known modern artists, including 35 Klee paintings. Same opening hours as R. Meyer Collection. Admission charge. Tel. 23 00 02.

The Fishery Museum (G6). If fish, fishing, or the fishing industry interests you, then this museum is a “must”. The cross-section it presents of Norwegian fisheries and their national foundation, is especially instructive and well-planned and has served as a model for similar collections outside Norway. Same hours of admission as the Museum of Arts and Crafts. Entrance fee.

The Maritime Museum (H8). A modern museum that traces with its collection of intriguing exhibits the development of shipping from the Old Norse period up to the present day. Open daily 11.00 to 14.00 hrs., except Saturdays. Entrance charge.

Den Nationale Scene (The National Theater – F6). Built in 1794, the National Theater, one of Norway's oldest, offers a year-round repertoire of drama, opera and light entertainment, climaxed every May by the Bergen Festival (see “Entertainment and night life”). The statues fronting the theater are tributes to Bjørnstjerne Bjørnson – one of the greatest names in Norwegian drama and poetry, whose plays have often been performed here – and of Nordahl Grieg, famous poet of World War II.

Bergen Aquarium, Nordnes Park (A7). Peaceful Nordnes Park provides visitors with splendid views of the harbor and good sea-



bathing. Within its precincts, close to the towering Institute of Marine Research, stands Bergen's famed Aquarium.

The Aquarium houses one of Europe's finest and most extensive collections of marine fauna with altogether 9 large tanks and 40 smaller ones. Open daily May 1 to September 30, 09.00 to 20.00 hrs. Admission: summer N.cr.8 adults, N.cr.4 children; winter N.cr.6 adults, N.cr.3 children.

The remaining part of the year open weekdays 10.00 to 18.00 hrs., Sundays 10.00 to 20.00 hrs.

Bryggen Museum (D4). Erling Dekke Næss Institute for Medieval Archaeology. A modern archaeological/historical museum with material from the excavations at Bryggen 1955-68, including the largest known collection of younger runic inscriptions. Cultural films. Opening hours May 1 to September 30, Monday to Friday 10.00 to 16.00 hrs., Saturday and Sunday 11.00 to 15.00 hrs., Tuesday and Thursday also from 18.00 to 20.00 hrs. October 1 to April 30, Monday to Friday 11.00 to 15.00 hrs., Saturday and Sunday 12.00 to 15.00 hrs. Entrance charge.

Old Bergen, Ellesro, Sandviken (A2). Here visitors can wander a charming collection of wooden buildings characteristic of the beginning and middle of the 19th century – a miniature town complete with workshops, houses, streets, market-place and alleys. The buildings are open daily May 9 to September 18 with guided tours every hour from 10.00 to 18.00 hrs. Catch bus No. 1 from Post Office, fare N.cr.6 adults, N.cr.3 children.

The park and restaurant remain open until 23.30 hrs. Tel. 25 63 07, 25 70 34.

The Bergen University (H7) precinct embodies the History Museum, Natural History Museum and the city's Botanical Museum and Gardens.

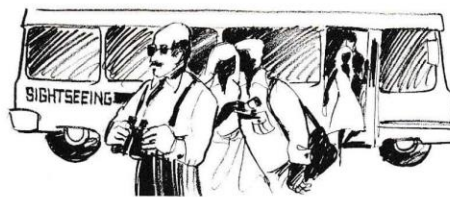
History Museum (H7). The Bergen Museum centralizes the cultural history of West Norway. Here visitors can browse rich collections from ancient and medieval times, new rural and urban culture, church art and ethnography.

Natural History Museum (H7), is situated in the Old Museum building. Interesting collections are assembled here from various corners of the world. Particularly intriguing are the only existing specimen of the now-extinct Lofoten horse, a giant octopus and large whale skeletons. Tel. 21 20 40. Open daily 11.00 to 14.00 hrs. except Thursday.

EXCURSION INTEREST POINTS

Fantoft Stave Church, Paradis. This triple-naved church, typical of the ornate wooden churches that populated the villages and settlements of Norway in the 12th and 13th centuries, was restored and moved in 1883 from Fortun in the province of Sogn to its present site at Paradis. It is believed to have been built about 1150. You can see this sight on a conducted tour from Bergen. Alternatively, take the bus marked "Sædal" or "Paradis" from the Central Bus Station.

The church is open to viewers (entry charge N.cr.2.50 between 10.00 and 13.00 hrs. from May 15 to September 15 on Sundays, Tuesdays, Thursdays and Saturdays, and during July daily. Also open every afternoon May-September, from 15.00 to 18.00 hrs.).



The Island Lysøen with Ole Bull's Villa. This distinctive villa and music hall (designed by the architect C. F. von der Lippe) was built 1872/73 by the world-famous violin virtuoso and Norwegian national hero Ole Bull, as a summer residence and meeting place for his many friends and contemporaries from among the art and cultural world. The building is now protected as a National Monument. All over the island Ole Bull built a network of walking paths with a total length of some 13 km (8 miles).

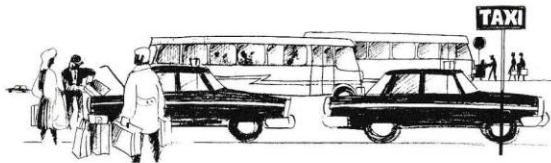
In 1973 Ole Bull's granddaughter, Mrs. Sylvea Bull Curtis of Connecticut, U.S.A., donated the whole property with all its collections to the Society for the Preservation of Ancient Norwegian Monuments.

Bus connection: From Bergen Central Bus Station, route Lysefjorden, bus stop Sørstraumen (information tel. 21 67 80). Ferry "Ole Bull": From Lysefjorden Handelslag (Buena quay) 26 km (16 miles) south of Bergen center. Saturdays and Sundays regular service, return fare N.cr.10, children N.cr.5. All other days only by telephoning Mr. Alfred Sperrevik (27 67 52) or Mrs. Sperrevik (27 68 15). Guided tours in Ole Bull's Villa from June 8 to September 4, daily from 11.00 hrs. (latest tour starts 15.00 hrs.). Admission N.cr.5, children N.cr.2.50. Group visits: Can be arranged through the caretaker Mr. Jan Giese Stenestö, tel. 21 33 69 (office), 21 73 20 (private) or 27 68 75 (Lysøen).

Lysekloster, Os. Here in a verdant, sheltered valley 20 km (12 miles) south of Bergen, you can wander the ruins of Norway's first Cistercian monastery founded by Bishop Sigurd of Bergen in 1146. The monastery was built as a subsidiary foundation of Fountains Abbey, York, England. If you prefer to go "unconducted" then take the bus from the Central Bus Station.

Troldhaugen, Hop. "Troldhaugen", composer Edvard Grieg's home for 22 years, is situated by the Nordås lake. Here Grieg composed many of his best-known works, and here is the burial place of his wife Nana and himself. Reached in 15 minutes by bus to Hop, with a walk of another 20 minutes; or go directly by daily morning and afternoon conducted sightseeing tour. May 2 to October 1. Grieg Museum open daily 11.00 to 14.00 hrs. and 15.00 to 18.00 hrs. During the Festival period, only open in the afternoon. The park is open to the public all year. Tel. 27 22 61. Entrance charge adults N.cr.4, children N.cr.2.

Fana Folklore. One of the most fascinating tours out of Bergen is the special "Fana Folklore Tour". Tel. 27 64 40 and 27 69 41. Coaches leave from Festplassen (G5) at 19.00 hrs. every Monday, Tuesday, Thursday and Friday, between May 22 and August 31, for the lovely Municipality of Fana ... And "you are", as your charming host or hostess will tell you, "invited to a typical Country Wedding Banquet, just as it was in bygone days". The



tour includes attendance at a church concert at Fana Church, traditional farmhouse fare, and a gay round of singing and dancing in which all are invited to participate. The whole tour costs N.cr.70. For fuller details ask the Tourist Information Center.

Transportation

Public transportation embraces buses and trolley-buses. Special tourist tickets, valid for 48 hours, can be purchased for N.cr.23 from the Tourist Information Office or at most hotels. In addition many bus services connect Bergen with the suburbs. All operate from the Central Bus Station at Strømgaten, near the lake, Store Lungegårdsvann.

One of the mountain peaks, Fløyen, is linked to Bergen center by funicular.

Taxi-stands are to be found at most central points, or you may order a taxi by telephone (21 50 30).

Ferries cross the harbor frequently and local ferry boats and steamers serve the nearby islands and coastal towns. Bergen is also the departure-point for coastal steamers to Hardanger, Sogn and northernmost Norway. The local SAS office can supply all information regarding timetables and fares.

Shopping hours

Food stores open between 09.00 and 16.30 hrs., closing on Saturdays 14.00 hrs. Other shops open 08.30 hrs. and close at 16.30 hrs. (on Saturdays between 13.00 and 14.00 hrs.) with late night shopping on Thursdays. Between July and August 31 opening hours are 08.30 to 16.00 hrs. weekdays, 09.00 to between 13.00 and 14.00 hrs. Saturdays. Centrally situated kiosks selling newspapers, tobacco, confectionery, etc., open 08.00 to 23.00 hrs. – Sundays and holidays 12.00 to 23.00 hrs.

Shopping list

Most of the stores listed here are members of the Bergen Tourist Shops Association. Their seal of membership, reproduced here, is ready guarantee of quality merchandise.



Here are a few suggestions:

Department stores

- Kløverhuset** (F5)
13 Strandgaten.
- A/S Sundt & Co.** (G6).
14 Torgalmenning.
- Wallendahl & Søn A/S** (F5)
17 Strandgaten/
14 Strandkaien.

Handicrafts

- E. B. Hjertholm** (F6)
Prydkunst,
8 Torgalmenning.
- Husfliden** (G5)
3 Vågsalmenning.
- Høgis Pryd & Bruksgjenstander** (F6)
2a Markeveien.
- Mortensens E. von der Fehr Eftf.** (G6)
9 Olav Kyrresgate.

Furs

- A. Gullaksen A/S** (G7)
32 Olav Kyrresgate.
- A. Østreim** (G5)
5 Allehelgensgate.

Glass & Ceramics

- Bergens Glassmagasin A/S** (G6)
9 Olav Kyrresgate.

- Irgens' Glass** (F6)
3 Markeveien.

- Erling Krage A/S** (G6)
11 Olav Kyrresgate.

- Johan Thomsen A/S** (D6)
64 Strandgaten.

Knitwear

- Husfliden** (G5)
3 Vågsalmenning.
- Kløverhuset** (F5)
13 Strandgaten.
- A/S Sundt & Co.** (G6)
14 Torgalmenning.

Jewelry and Silver

- A. David-Andersen A/S** (G6)
10 Torgalmenning.
- Gams-Haugstøen A/S** (F5)
1 Torgalmenning.
- K. Hestenes A/S** (F5)
6 Strandgaten.
- Theodor Olsens Eftf.** (F6)
7 Ole Bulls Plass.
- Safir A/S** (F5)
1 Strandgaten.
- Magnus Aase** (F5)
6 Strandkaien.

Pewter & Cutlery

- Peter M. Kolderup A/S** (D6)
60 Strandgaten.

Entertainment and night life

Few cities serve as a more attractive stage for enactment of Norway's cultural heritage. World-famed names like Edvard Grieg, Henrik Ibsen, Ole Bull and the city's 200-year-old Harmonien Orchestra all contribute to a season of performing arts that runs from September to the middle of June and closes with the renowned Bergen International Festival.

Among the prime venues of entertainment are:

The National Theater (F6). Oldest of Norway's theaters "Den Nationale Scene", as the Norwegians call it, one of the nation's most prominent theaters – provides a high-class repertory of drama, mostly in the Norwegian language.

Grieg Hall (H6). Opened in May 1978. Bergen's new concert hall with its unusual architecture is a special feature of the city's musical life. The main theater has 1,525 seats and has excellent acoustics. The stage is large enough for all types of performances. Symphony concerts are performed by the world's leading orches-

tras – in particular by Bergen's own Harmonien, conducted for a while in the 1880s by Edvard Grieg.

Troldhaugen. The summer long, Grieg's home is a favored scene for open-air and indoor concerts and piano recitals rendered by guest artists and ensembles from all over the world.

Byparken (G6). Bergens lovely City Park offers midday brass band concerts during the summer and, on certain public holidays and festive occasions, special entertainment is provided such as fairs and carnivals.

Folklore. All summer there is an engaging and colorful program of folk festivities including tours through the lovely district of Fana (see "Tours" section).

Cinemas. Bergen possesses 5 cinemas – Konsertpaleet (F7), Forum (off map at L7), Eldorado (G6), Ole Bull (F6) and Engen (F7). All non-Norwegian films, which constitute some 90% of the films shown, are in the original language with sub-titles in Norwegian. Performances generally start at 17.00, 19.00 and 21.00 hrs. For details of current programs consult Ole Bull central booking office (F6), a local newspaper, or your hotel porter.

Dancing. There are no night clubs in Bergen, but one can find with ease a cozy and fashionable spot in which to dine, wine and dance. Try for choice the Norge Dancing, The Garden Room at Norge Hotel (June-August), Bellevue, Fløyrestauranten, Bristol, Rosenkrantz, Excellent and Oscar II.

Sports

Any stay in Bergen promises the ultimate in sporting opportunities. Swimmer, yachtsman, hiker, fisherman – each is adequately catered to – thanks to Nature's generosity and man's ingenuity. Glance below for the sport of your choice.

Tennis: The Bergen Tennis Club (tel. 29 91 67) has its courts at Årstad. Indoor tennis at Tennishallen, Ulriksdal (tel. 29 97 67). Both places can best be reached by trolley-bus No. 2.

Golf: Bergen's 9-hole course, open May 1 to October 31, is located at Åstveit, 8 km (5 miles) north of Bergen. Bus from the Central Bus Terminal drops you right outside the golf course. Tel 18 20 77.

Swimming: You can bathe within the boundaries of Bergen at Elesero (bus No. 1 to the Museum in Old Bergen); Helleneset; and Nordnes Sea Baths near the Aquarium (C7). The Bergen Indoor Swimming Pool on Teatergaten (F7), largest indoor swimming baths in Norway, also offers specially heated salt-water pools, showers, thermal baths and a café.

Sailing: Yachtsmen need venture no further than the Bergen Sailing Club at Hjellevstad (tel. 27 65 45).

Hiking: Mountain hiking is very popular throughout Norway and the surrounding wooded hills of Bergen with their winding footpaths are picturesque and pleasant to explore. The Bergen Touring Club, 3 C. Sundtsgaten (tel. 21 46 46) arranges walking tours and can furnish information on tourist huts and mountain routes.

Trotting: Nesttun Trotting Course, 20 minutes by bus from the



center, holds race meetings every Sunday from May to October. Facilities include a totalisator and restaurant.

Rowing: You can hire a row boat at the Bergen Rowing Club (tel. 26 97 47), the Fana Rowing Club (tel. 27 27 03), at Sandringham Restaurant, Hjellevstad, 40 minutes' drive from Bergen center or at Solstrand Hotel, Os.

Fishing: Several lakes and rivers in the Bergen district offer excellent opportunities for brown trout fishing. There are also limited possibilities to fish for sea trout and salmon. For detailed information and fishing permits, contact the secretary of the Bergen Angling Club (tel. 21 35 41).

Luxury motor cruisers can be hired for those interested in deep-sea fishing. Tel. 21 24 86 for further details.

Religious edifices

Lutheran Main Churches: Domkirken (The Cathedral) (G4), Korskirken (Church of the Cross) (F4), Nykirken (The New Church) (D6), Johanneskirken (Church of St. John) (G7), Mariakirken (St. Mary's Church) (D4).

Roman Catholic: St. Paul's Church (H6), Vår Frue Kirke (Church of Our Lady), Helleveien.

Methodist: Methodistkirke, Skottegaten (E7), Sentralkirken, Vetrilidsalmenning (F4).

Special Services

Business and trade contacts: If you desire to make business or trade contacts, the addresses of the following organizations may prove useful: Commerce (Bergens Handelsforening), club facilities and office, 11 Olav Kyrres gate (G6). Tel. 21 01 80.

Industry and Handicraft (Bergen Handværks og Industriforening), office and club, 3 Veiten (F6). Tel. 21 80 40.

The Rotary Club, Bergen Handværks og Industriforening Restaurant (F6) (meetings: Fridays, 19.00 hrs.).

Guide service: Authorized, qualified guides are available from the Tourist Information Center, Torgalmenning (F6) or from the Tourist Association, 4 Bryggen (E4) tel. 21 51 10.

Illness: In cases of illness, contact First Aid Station (F7), 1 Haakonsgaten, tel. 21 01 85. Basic fee of approximately N.cr.25 (excluding X-ray and plaster) for consultation. For use of travel insurance please contact the local agent of the insurance company, whose name is normally stated in your insurance policy.

Emergencies: Police, telephone 002, 31 10 00; First Aid Station, 1 Haakonsgaten, tel. 003; Dental Service, 3 Lars Hillesgate, tel. 21 09 32 from 08.00 to 23.00 hrs.

Kristiansand

Located in the southernmost part of Norway, Kristiansand is often called the "Capital of the South". It also has another title – "Norway's largest small-town" having a population of 60,000, which ranks it as number five city in the country.

But perhaps the reputation, which the citizens cherish most, is that of a holiday resort, surrounded by a lovely archipelago, sheltered coves and white beaches.

Kristiansand was founded by royal decree in 1641 by the Danish-Norwegian king Christian IV but it took another 200 years, with the boost from the shipbuilding industry in the last century, before the town really began to prosper. Several fires have ravaged the town and destroyed many beautiful buildings, the worst of them in 1892 – and only a few timber houses from the sailing ship era remain in the upper area of Kristiansand.

But many of the streets in the center of the town are the same width today, as they were 325 years ago, while the suburban development has spread to the small ridges on the outskirts.

Today Kristiansand has frequent links with the rest of Europe, having the largest car ferry harbor in Norway – and an airport served by SAS linking to the worldwide network via Copenhagen.

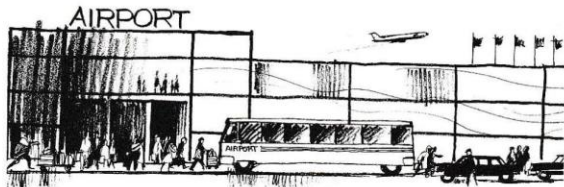
Your arrival in Kristiansand

You land at Kjevik airport, located approximately 15 km (9 miles), from the center of Kristiansand. SAS personnel will escort you to the arrival hall for passport and customs control.

The bus-stop and the taxi-rank are just outside the airport building. There is a public bus service between the airport and the city bus terminal (DB) – fare N.cr.8. For further details inquire locally. Taxis cost N.cr.70-80.

If you have ordered a self-drive car, please contact the SAS desk.

If you are flying on from Kristiansand, one of the first things to do on arrival is to reconfirm your onward reservation by informing the SAS office at 39 Markensgate.



Hotels

Kristiansand is not only a busy commercial center and holiday resort, it has also acquired a reputation as Norway's most popular congress town. It is, therefore, advisable to make a hotel reservation well in advance.

Hotel Caledonien (E9)

7 Vestre Strandgate.
Tel. 042/29 100.

200 rooms, 295 beds, 2 restaurants, bar, bar with dancing, cafeteria, pub, discotheque and conference rooms.

Hotel Christian Quart (D7)

39 Markensgate.
Tel. 042/22 210.

99 rooms, 198 beds. Restaurant, pizzabar and SAS Ticket Office.

Hotel Ernst (E8)

7 Rådhusgate.
Tel. 042/21 400.

78 rooms, 130 beds. Restaurant with dancing, bar, pub, outdoor restaurant in summer, conference rooms.

Hotel Fregatten (G6)

66 Dronningensgate.
Tel. 042/21 500.

52 rooms, 92 beds. Restaurant and 2 discos.

Hotel Norge (E8)

5 Dronningensgate.
Tel. 042/23 320.

61 rooms, 118 beds. Grill/cafeateria, meeting- and party rooms.

Hotel Metropole (E8)

6 Dronningensgate.
Tel. 042/21 465.

13 rooms, 27 beds. Dining room.

In the holiday period most hotels offer special family- and long-term rebates.

The average price for a single room is between N.cr.150 to N.cr.290 and a double room from N.cr.240. Breakfast is included in the prices. Most rooms have bath/wc, radio and telephone.

Restaurants and cuisine

Kristiansand has a good selection of restaurants. You can enjoy typical Norwegian cuisine such as grouse in cream sauce, boiled cod, trout and salmon and boiled mackerel. Shrimps are also very popular, especially here in the southern region. In a few of the restaurants in the town, there are often special shrimp-evenings, where one can eat one's fill for N.cr.20 to 30 per person.

Several of the restaurants serve the "famous" Norwegian cold table, offering eggs, meat, salads, herring-dishes, cheese, bread, butter, milk, coffee and tea. You can serve yourself several times for everything is included in a fixed price.

At several street stalls you can buy the local speciality: "kompe" which is boiled, grated potatoes with salted meat in the center.

MEAL TIMES AND PRICES

In the Kristiansand hotels breakfast is served between 07.00 and 10.00 hours. Most hotels serve the huge Norwegian breakfast, which is usually included in the price of the hotel room. Lunch is served from approximately 12.00 hrs. Some of the hotels offer lunch-tables with prices varying from N.cr.50 to N.cr.90.

WHAT TO DRINK

In most restaurants in Kristiansand there is an interesting selection of wines. Shops do not sell alcohol, but there is a special shop, which sells wines and spirits, called, "Vinmonopolet", the wine monopoly.

The local beer from Christiansands Brewery should be tried. The summer event for the citizens of Kristiansand is to sail out into the archipelago, find themselves an island, and enjoy a CB beer and some of the local shrimps.

RESTAURANTS AND EATING PLACES

Restaurant Ernst (E8)

2 Rådhusgaten.
Fully licenced. Bar.

Blomsterhaven (E9)

Hotel Caledonien
7 Vestre Strandgaten.
Fully licenced.

Veteranen Mad og Vinkælder (E9)

Hotel Caledonien
7 Vestre Strandgaten.
Intimate, cosy environment. Fully licenced.

Captain's Table (G6)

Hotel Fregatten
66 Dronningensgate.
Maritime decor. Fully licenced.

Jeppes West-End (D7)

39 Markensgate.
Pizza cellar, beer and lemonade.

Palle Rosenkrantz Inn (D7)

39 Markensgate.
Speciality: Salad table. Licenced for wine and beer.

Dronningen Grill (E8)

5-7 Dronningensgate.
Cosy eating place, relaxed atmosphere. No licence for alcohol.

Bowlers Steakhouse (F8)

7 Kirkegaten.
Licenced for wine and beer.

Skipperstua (E7)

21 Skippergaten.
Licenced for wine and beer.

City interest points

Vest-Agder Fylkesmuseum (L1). One of the largest open-air museums in the country. Among the old buildings are farms from Vest Agder and Seterdal, a main street, and an exhibition of church items, town- and farm furniture, textiles, glassware and ceramics. The museum is open from approximately June 20 to August 20. Open daily 11.00 to 19.00 hrs., Sundays 12.00 to 19.00 hrs.

Arne N. Vigelands Collections (E10). Situated in an old powder house at Lagmannsholmen, it contains approximately 130 pieces of art, mainly sculptures of plaster and bronze. Open June 1 till September 1. Sundays 17.00 to 19.00 hrs., Tuesdays and Thursdays 12.00 to 14.00 hrs.

The Setedal Track (off map). Here you can see an old steam locomotive from 1894 shunting along a 5-kilometer (3 miles) stretch of a closed-down, narrow-tracked 1,067 m (3,500 ft.) railroad, which, right up till 1962, went to Byglandsfjord in Seterdal. Starting point for the railroad is Grovane, 20 km (13 miles) from Kristiansand. Excursion trains in July-August.

Kristiansand Dyrepark (Animal Park) (off map). Covers an area of approximately 240 hectares (600 acres) of idyllic southern

Norway country. Here are Norwegian animals mixed with animals from all corners of the globe. The park is famous for its breeding of camels! There are large open areas for the animals. Kristiansand Animal Park is located 11 km (7 miles) from the center of town on the E 18 in an easterly direction. Open summer 10.00 to 20.00 hrs. and in winter 10.00 to 16.00 hrs.

Myren Gård og Park (Myren Farm and Park) (off map). A former privately-owned estate bought by Kristiansand council. You would normally expect to find the park's flora on a more southern latitude. At Myren there is a studio for handicraft artisans and cultural evenings often take place in the main building.

Ravnedalen Nature Park (A1). Founded in 1875-78, by General Oscar Wergeland, brother of the poet, Henrik Wergeland. In contrast to the flora of the park is the 100 m (325 ft.) high cliff. Access to the top of the hill is via 200 steps, many hewn into the cliffside. A small cafeteria is open during the summer season. From Ravnedalen there are paths through Baneheia district to the center of town.

Sightseeing

Take the Motorboat "Øya" through Blindleia from Kristiansand to Lillesand, and view some of the finest nature along the southern coastline. It might also give you a peep at the daily life of the local population and the holidaymakers. The round-trip by bus and boat takes 4½ hours. Daily, except Thursdays and Sundays.

Archipelago-trips in the Kristiansand area depart from Hønnørbyggja by the Spica-boats. There are three daily trips in the high season to Dvergøya and Randsund with "Skippergata". You can take an early boat out and return on a later boat after staying on one of the islands. We can also recommend a bus trip to the residential area of Gimlekollen, or a day-trip to Mandal or Lindesnes, the most southern point in Norway.

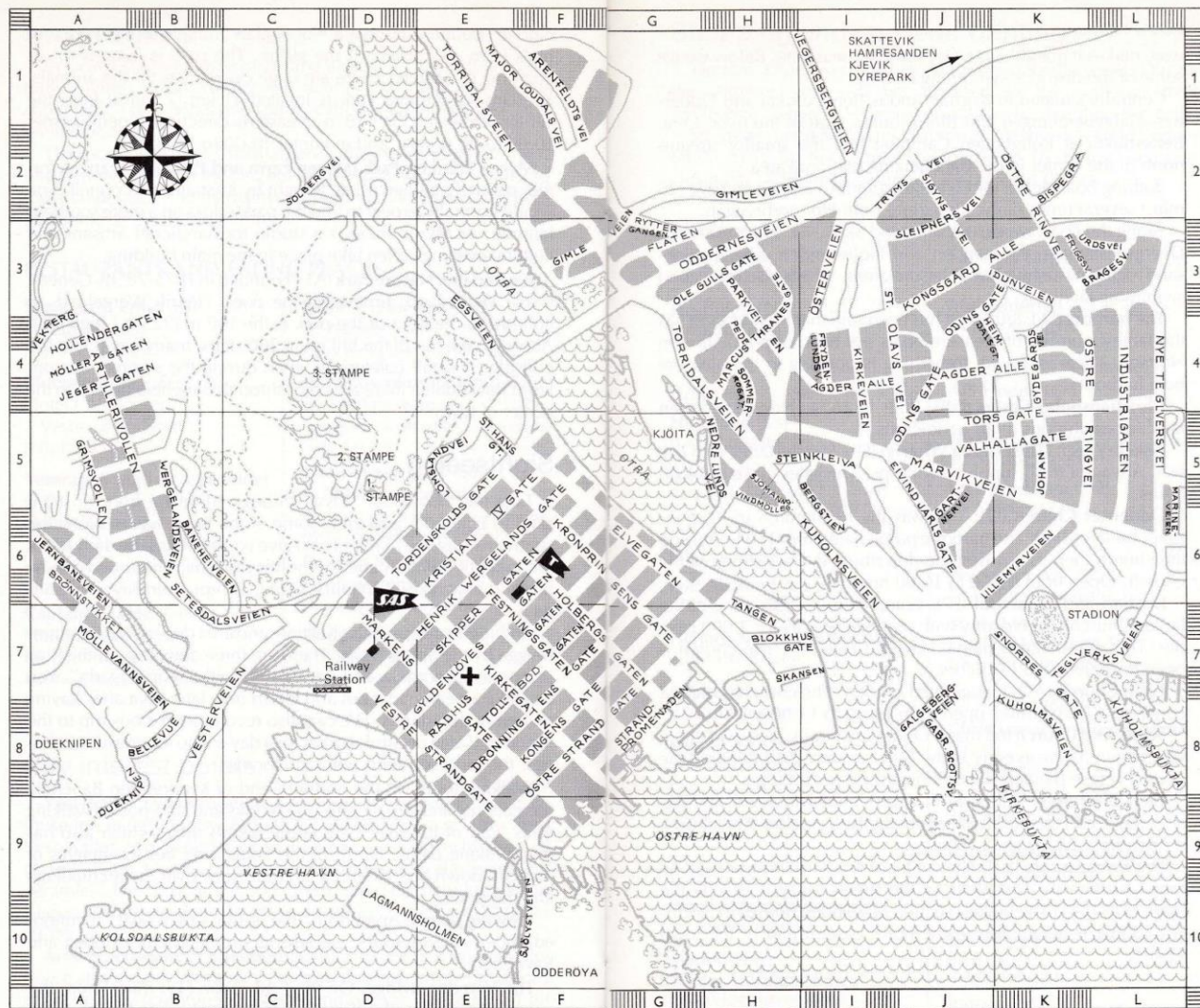
Walking tours. At the northern end of Kvadraturen Baneheia recreational area are picturesque brooks and sign-posted walking trails. East of the river Otra is the Sødals area, which also has many hiking paths. North of the Sødal area lies the heights of "upside-down boat", with a fantastic view over the archipelago and the town.

Viewing points. Apart from "the upside-down boat" mentioned under walking tours, we also recommend Dueknippen and Ravnheia.

The Varodde Bridge. On the E 18, 6 km (3½ miles) from the center of town, in the direction of Arendal, is one of northern Europe's longest suspension bridges with a span of approximately 700 m (765 yds.).

Swimming facilities. The swimming possibilities around Kristiansand are legend. There are white sandy beaches and clean scrubbed rocks, where the sun warms you to the marrow of your bones, with health-full sea breezes. Here is salt and crystal clear waters, where you can see the bottom in many fathoms of water. The Gulf stream, which carries warm water to the coast of Nor-

(cont'd on page 30)



Code numbers in the Kristiansand section of this booklet refer to the above map. Thus

(D7) is located where lines drawn from »D« and »7« cross each other.

Interesting sights in Kristiansand

- | | | | |
|--------------|---------------------------------|-----------|-------------------------|
| (L1) | Vest-Agder Fylkesmuseum. | (I2) | Oddernes Church. |
| (E10) | Arne N. Vigeland's Collections. | (E7) | Kristiansand Cathedral. |
| (off map) | The Setedal Track. | (A6) | Grim Church. |
| (off map) | Kristiansand Animal Park. | (off map) | Søgne Old Church. |
| (D/E 8/9/10) | The harbors. | (off map) | Tveit Church. |
| (E8) | Christiansholm Castle. | (E7) | The Town Square. |
| (E9) | The Fishing Wharfs. | | |

Useful addresses

SAS **SAS Ticket Office:**
 39 Markensgate (D7). Tel. 29 150.
 Open hours: 08.30 to 16.00 hrs., Mon.-Fri. Closed Sat./Sun.

T **Tourist Information Office:**
 31 Gyldenløvesgate (F6). Tel. 26 065.
 Open hours: 08.30 to 16.00 hrs. Mon.-Fri. Closed Sat./Sun.

Distance from city center to airport: 15 km (9 miles).

(cont'd from page 27)

way, makes it possible to enjoy summer beachlife. Below we list some of the district's swimming facilities.

Centrally situated in Kristiansand is Bendixbukta and Odderøys. Galgebergtangen and Bloms bukta, east of the river, Otra. Bertesbukta at Roligheden Camping and the smaller streams north of the center in the Baneheia recreational area.

Bathing boats leave for Dybingen (5 min.) and Dvergsøya (25 min.) several times daily. Departure from Honnørbryggen.

Along the coast we can recommend Skottevik, Hamresanden, Dvergsnestangen, Årossanden and Høllesanden. The Kristiansand region has a number of leisure areas, which also offer good swimming facilities.

The harbors (D/E 8/9/10). It has been said that Kristiansand has the largest number of pleasure boats per head of population in Norway. There is always something happening in the pleasure boat harbours.

Christiansholm Castle (G8). Built in 1674. Nowadays often used for exhibitions of art handicrafts.

Fiskebryggen (The Fishing Wharfs) (E9). See the tanks with live fish. Always a fresh supply of shrimps! The sales close at 14.00 hours.

Oddernes Church (I2). This was the first church in Kristiansand, built in 1040. The baroque pulpit dates from 1704. Outside the church there is a runestone describing the beginning of the church. Open from 09.00 to 16.00 hrs.

Kristiansand Cathedral (E7). Completed in 1885. One of the largest churches in Norway with seating capacity for 2,000 people. The altar-piece is painted by Eilif Petersen. The church is open from 09.00 to 14.00 hrs.

Grim Church (A6). Inaugurated in 1969. The church is built of concrete. Church office open from 10.00 to 13.00 hrs.

Søgne Old Church (off map). Origin uncertain. However, there was a church here as early as the 13th century. The interior of the church is rose painted. Open from 10.00 to 18.00 hrs.

Tveit Church (off map). Built approximately 1050-1070. The altar-piece and the pulpit date from the 16th century. The church is open from 08.00 to 15.00 hrs.

The Town Square (E7). The center of Kristiansand was built by King Christian IV. The width of the streets today is exactly the same as in 1641. The biggest section of wooden houses in Northern Europe is to be seen in the north eastern part of the town square.

Business hours

Banks: Banks are generally open between 08.30 and 15.30 hrs. weekdays. Thursdays between 08.30 and 17.00 hrs. Saturdays closed.

Offices and shops: Weekdays open from 08.30 till 16.00 hrs. Saturdays from 08.30 to 13.00 hrs. Some offices do not open till 09.00 hours.

Shopping and souvenir hunting

There is a special charm in shopping in Kristiansand. During the summer you will be attracted to the walking street "Markens", where all types of goods can be found on the stalls.

Shops are open Mondays, Tuesdays, Wednesdays and Fridays 09.00 to 16.00 hrs., Thursdays 09.00 to 18.00 hrs. (summer closing at 17.00 hrs.), Saturdays 09.00 to 13.00 hrs.

Handicrafts

Saga Design (D7)
42 V. Strandgate.

Husfliden (E8)
6 Rådhusgate.

Knitwear

Husfliden (E8)
6 Rådhusgate.

Sønnik (E7)
30 Markensgate.

Men's wear

Ivar Mjåland A/S (D7)
34 Markensgate.

Hennes & Mauritz A/S (E7)
20 Markensgate.

Adelsten A/S (E8)
9 Markensgate.

Sønnik A/S (E7)
30 Markensgate.

Ludvig Tobiassen (E7)
23 Markensgate.

Ladies' wear

Hennes & Mauritz A/S (E7)
20 Markensgate.

Modell-Pels
Gustav Hansson A/S (E7)
6A Gyldenløvesgate.

Adelsten A/S (E8)
9 Markensgate.

Lindex A/S (D7)
34 Markensgate.

La Boutique (E8)
8 Kongensgate.

Sønnik A/S (E7)
30 Markensgate.

Furniture

Form og Farge (L1)
40 Vigeveien

Møbelhjørnet A/S (E7)
31 Markensgate.

Goldsmiths & Jewelers

A/S Hodne (E7)
27 Markensgate.

Haakon Schiøtz (E7)
22 Skippergate.

Lars Wroldsen (D7)
35 Markensgate.

Furs

Pelsatelier A/S (E7)
14 Gyldenløvesgate.

Modell-Pels
Gustav Hansson A/S (E7)
6A Gyldenløvesgate.

Glass & ceramics

Christiansands Glassmagasin
(E8)
8 Markensgate.

Lauritz Nilssen (D7)
37 Markensgate.

Bjarne Rasmussen (E8)
16 Dronningensgate.

Gifts and toys

Christiansands Glassmagasin
(E8)
8 Markensgate.

Billigo (D7)
31 Markensgate.

Book & paper shops

Edgar Høgfældt (E8)
5 Rådhusgate.

Bergeis Bokhandel (E7)
21 Markensgate

P. G. Birting (E8)
6 Tollbodgate.



Entertainment and night life

Kristiansand has no nightclubs but can offer a good choice of restaurants (see list of restaurants). If you wish to go dancing, try one of the following:

Baldevin (E9)
7 V. Strandgate.
Tel. 29 100.
Disco.

Caledonien Dancing (E9)
7 V. Strandgate.
Tel. 29 100.
Band.

Down Town (G6)
66 Dronningensgate.
Tel. 21 500.
Disco.

Ernst Restaurant (E8)
2 Rådhusgate.
Tel. 21 400.
Band.

Silius (E8)
23 V. Strandgate.
Tel. 25 250.
Band.

Skipperstua (E7)
21 Skippergate.
Tel. 29 075.
Band.

Up Town (G6)
66 Dronningensgate.
Tel. 21 500.
Disco.

CINEMAS

Kristiansand has two cinemas: Fønix, 9 Vestre Strandgaten, tel. 21 191; Småen, 9 Vestre Strandgaten, tel. 21 191.

Fønix has three performances per night. First performance begins at 17.00 hours. Småen usually offers two performances per day.

The town also has a theater, situated next to the Fønix cinema. Tickets can be obtained by telephone.: 24 300.

There is also a symphony orchestra. Giving concerts from the end of September to the end of May.

Kristiansand has an annual church festival which usually takes place in the first half of June. Well-known artists from all over the world participate in the festival, which lasts one week.

For information about special events, please contact the Tourist Office in Kristiansand, 31 Gyldenløvesgate, tel.: 042-26 065.

Transportation

Kristiansand offers good transportation facilities. The local bus services have frequent departures, and a network of bus routes transport you to attractive spots around the district.

Kristiansand is the communications center of the southern region. It has daily arrivals by ferries from the continent (Hirtshals and Hanstholm in Denmark, Newcastle in England and Amsterdam in Holland). The railway line of the Southern Region is an important link between Eastern and Western Norway. Kristiansand airport, Kjevik, is situated only 20 minutes by car from the center of Kristiansand, with direct SAS connections to Copenhagen and Aalborg.

Sports

Bowling. Kristiansand bowling alley is situated in the Swimming Baths at 1 Elvegaten. Tel. 25 210.

Fishing. Along the coast at Kristiansand there are fine fishing possibilities. Sea angling free. The best fishing times are extremely early in the morning and early in the evening. A boat with an engine is for hire at the Rolighedens Marina.

Football. Football matches are played regularly from May to October. Try watching a game at Kristiansand stadium with the top team, Start.

Golfing. Kristiansand Golf Club's 9-hole course is located at Korsvik, and covers a distance of approximately 2,500 m (2,700 yds.). Open all day from May to October. Equipment can be rented. Information about prices etc. can be obtained by phoning 45 863.

Tennis. Tennis can be played at the court at Kristiansand Stadium, Marvikveien. Fees are paid at the court.

Skiing. A couple of miles from Kristiansand there is excellent skiing terrain. Sandribheia and Loland are ideal starting points for skiing enthusiasts.

Churches

Lutheran: The Cathedral, Lund Church, Grim Church, Oddernes Church, Vågsbygd Church, Randesund Church, Tveit Church.

Roman Catholic: St. Ansgar's Church, 3 Kirkegaten.

Methodists: The Methodist Church, Rådhusgaten.

Adventists: The Advent Church, 49 Kongensgaten.

Stavanger

Stavanger is the southernmost gateway of the Fjord Country and in recent years has added the role of tourist center to its fishing, shipping and trading industries.

Located on the Byfjord, Stavanger is the county seat of Rogaland, the historic district from which Norway was made into one kingdom.

Founded in the 11th century, it was made a bishopric by Sigurd Jorsalfar, but in 1682 the seat of the bishop was moved to Kristiansand – and did not return to Stavanger until 1924.

Today the town is a happy mixture of new and old – not a casual creation, but a carefully planned development with the charm of the old fishing village being retained, as new buildings are erected.

Representing the past are the 12th-century cathedral, narrow vehicle-free cobbled lanes with wooden houses, picturesque open-air markets ... while the present forges ahead with modern hotels, office blocks and hydrofoils linking Stavanger with the fjord area.

Stavanger is still the center of the Norwegian brisling sardine industry and the home of the famous King Oscar brisling sardines. It is also the principal city of Norway's oil industry. The Oil Directorate and the Norwegian state-owned oil company, STATOIL, are both located her. There are two oil bases: the Norseia base at Dusavik, approx. 6 km (4 miles) from Stavanger and the Aker-Norsco base at Tananger (12 km – 7 miles – away), where the oil- and service companies involved in the North Sea operations are situated. Stavanger has also become famous as the main building location of the "Condeep" oil-drilling platforms.

Stavanger's claim to be the "golden key" to the Fjord Country is amply justified – in 45 minutes a modern combined passenger and car ferry takes you to Tau, from where you can drive along the Ryfylkefjord, or you can sail with a similar ferry to Sand, Skudeneshavn or Haugesund, from where there are road connections to Bergen via the Hardanger fjord or to Oslo. And during the summer there are daily fjord cruises leaving for Lysefjord and the awe-inspiring Pulpit Rock.

The fjord area, Haugesund and Bergen are also served by hydrofoils and speedy "Westamarans" (catamarans) from Stavanger.



Your arrival in Stavanger

You land at Sola Airport (14 km – 8½ miles, from Stavanger), where SAS personnel will direct you to the arrival hall for passport and customs control. You should claim your baggage at the Baggage Center in the arrival hall. The bus-stop and taxi stand are just outside the airport building. There is a public bus service (No. 40) from SAS Royal Atlantic Hotel every 20 min. between 06.00 and 19.00 hrs. from Monday to Friday. After 19.00 hrs. and on Saturdays and Sundays the service is not so frequent. Travel time to the airport – 30 mins. Fare N.cr.8. Passengers may use the hotel lobby as a waiting room and there is a possibility to hire baggage lockers. For further details please inquire locally. Taxis will take you into town in only 15 minutes, the fare being approx. N.cr.70. If you are going to one of the beach hotels or to Sandnes, it is advisable to take a taxi direct from the airport. All hotels will also arrange pick-up at the airport on request.

If you have ordered a hired car for pick-up at the airport, contact the SAS Desk.

The Air Terminal is at SAS Royal Atlantic Hotel in the center of Stavanger, conveniently located for taxis, buses, trains and not far from the harbor – and near to most of the principal hotels.

If you are flying on from Stavanger, one of the first things to do is to reconfirm your onward reservation by contacting the SAS office (tel. 52 15 66) situated in St. Olavsgården, near the SAS Royal Atlantic Hotel.

Hotels

Stavanger is a busy convention, business and vacation center, and it is advisable to make room reservations in advance. However, if you arrive unaccommodated a room will be found for you, as Stavanger hotels have a unique system of cooperation. If one hotel is fully booked, the booking is immediately passed on to another hotel of the same standard or location.

First class

SAS Royal Atlantic (16)
1 Jernbaneveien.
Tel. 52 75 20

Alstor (off map)
Tjensvold. Tel. 52 70 20.

Esso Motor Hotel (off map)
181 Eiganesveien.
Tel. 52 65 00.

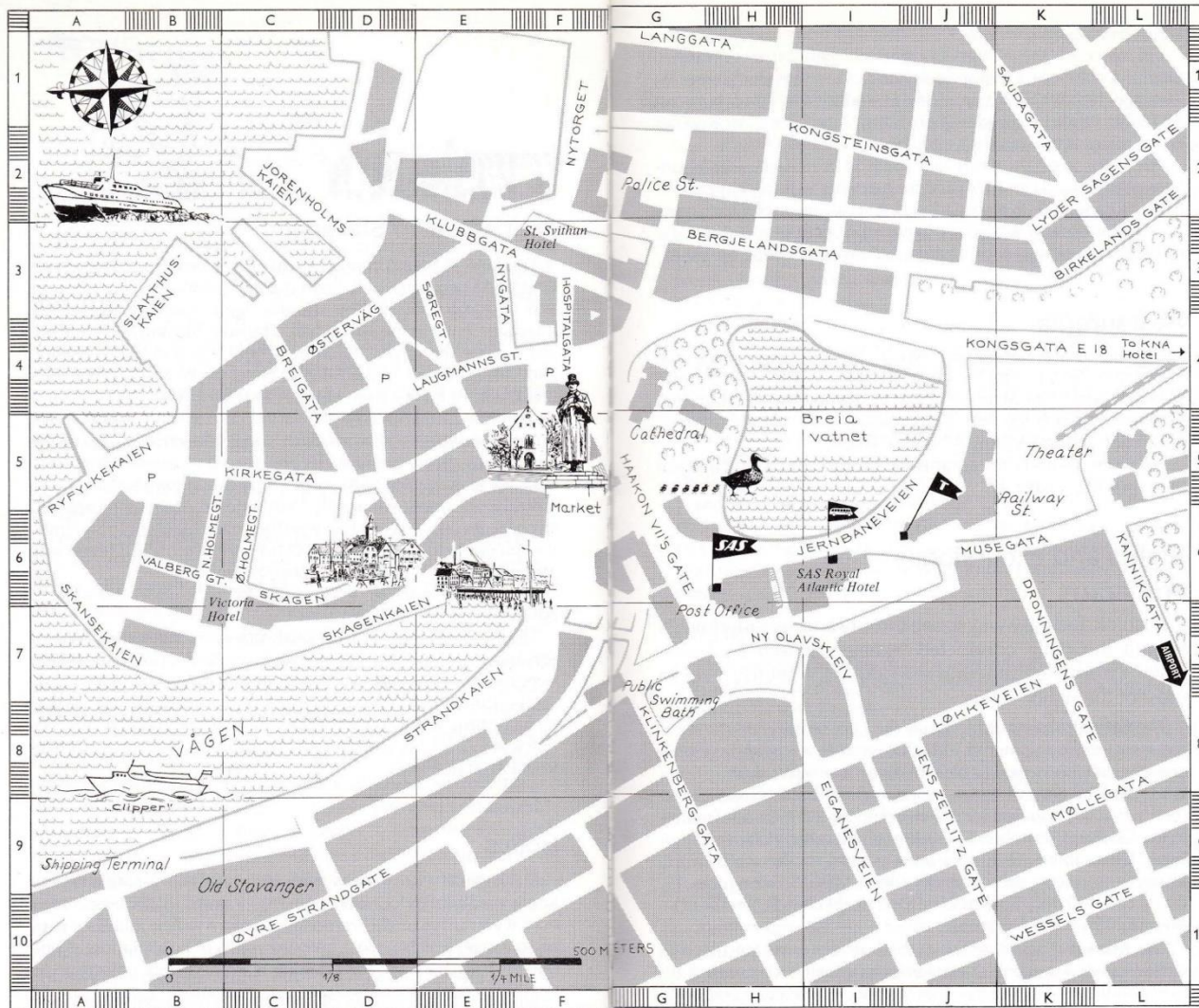
K.N.A. Hotel (L4)
61 Lagårdsveien.
Tel. 52 85 00.

Victoria Hotel (B7)
1 Skansegate. Tel. 52 05 26.

Tourist Class

St. Svithun (E2)
3 Klubbegaten. Tel. 53 30 20.
No alcoholic drinks served at this hotel.

(cont'd on page 38)





Code numbers in the Stavanger section of this booklet refer to the above map. Thus

Interesting sights in Stavanger

- (G4) The Cathedral.
- (F5) The Market.
- (G5) Kongsgård (King's Court).
- (L5) The Museum.
- (C6) Valbergården.
- (B/C10) Old Stavanger.

(H6) is located where lines drawn from "H" and "6" cross each other.

Useful addresses

-  **SAS Ticket Office:**
St. Olavsgården (H6). Tel. 52 15 66. Open hours: 08.00 to 16.00 hrs.
-  **Air Terminal:**
SAS Royal Atlantic Hotel (I6). Tel. 52 75 20.
-  **Tourist Information Office:**
Jernbanevej (J6). Tel. 52 84 37, 52 72 54.
Open hours: 08.30 to 21.00 hrs.

Distance from city center to airport: 14 km (9 miles).

(cont'd from page 35)

On the coast, some 10 to 13 km (6 to 8 miles) from Stavanger, there is a good choice of seaside hotels like Hotel Hummeren at Tananger (tel. 69 61 31), the Viste Strandhotel at Randaberg (tlf. 59 70 22), while at Sandnes, there is the Hotel Sverre in the center of the town, and Sandnes Motor Hotel.

Prices for a single room with bath in a first class hotel are between N.cr.200 and 250 and for a double with bath, between N.cr.290 and 360. In tourist class hotels, a single with bath costs 220 and a double with bath between N.cr.300 and 350. The prices include the service charge, but do not include breakfast.

Restaurants

Despite its size, Stavanger has at least 12 recommendable restaurants. Being in the center of a fishing district, the fish and seafood specialties at any of these restaurants are worth trying. Of particular note are the "Restauration" and "Mortepumpen" restaurants in the SAS Royal Atlantic Hotel.

For more details of restaurants see the chapter "Entertainment and night life", page 41.

Sights and excursions

CITY SIGHTS

A quick and easy way to see the city and surroundings is to join the daily conducted sightseeing tour by bus – leaving from the Cathedral at 11.00 hrs. – which takes in most of the major sights.

The Cathedral (G4). Built during the 12th century, this is one of the most interesting medieval buildings in Norway and the only church from this period to have retained its original features. It is worth looking around if only to see Andrew Smith's magnificent baroque pulpit from 1658 and five richly carved memorial tablets to the Godtzen, Humble, Hiermann, Frantzøn and Tausan families. These tablets have now been placed on the walls of the aisles, with one in the vestibule. Open May 15–September 15: 09.00 to 21.00 hrs., Sundays 10.30 to 18.00 hrs.; September 15–May 15: 09.00 to 14.00 hrs.

The Market (F6). Near the cathedral is the market place in which stands a statue of Stavanger-born novelist Alexander Kielland (1849-1906) facing the busy harbor. This is a gay and lively market selling flowers, fruit, vegetables and live fish from large tanks.

Kongsgård (King's Court) (H5). Mentioned in Alexander Kielland's novels, it was originally built in the 12th century as the Bishop's residence and is now used by Stavanger Cathedral College.

The Museum (L5), 16 Musegt., Stavanger Museum contains comprehensive zoological, archaeological and historical collections with a special section forming a Maritime Museum. Hours of admission Sunday-Friday 10.00 to 14.00 hrs., Saturday 10.00

to 13.00 hrs. (June 1-August 31). Otherwise open every Sunday 10.00 to 14.00 hrs. Admission charge.

Art Gallery, 33 Madlavei (off map). There is a permanent exhibition of works of famous Norwegian artists like L. Hertervig. Hours of admission from May to September (daily 11.00 to 14.00 hrs., Wednesdays also 18.00 to 20.00 hrs. In July closed Sundays and Saturdays).

Valbergtårnet (B6). This is an old fire-watching tower dating from 1800, which offers an excellent view of the harbor and the old town. **Vålandstårnet** is another good spot for a panoramic vista of the city from the south while **Ullandhaug** is certainly worth visiting, for this telecommunication tower with a public platform provides a fine view over Stavanger, the fjords and the farmland of Jæren. Ullandhaug is also the site of a farm, recently reconstructed, dating back to the Iron Age.

Old Stavanger (B/C10). Even if your time is limited, make sure you have a chance to stroll through the older quarter of the town – preserved by law – with its cobbled streets, quaint wooden houses and narrow alleyways. This is not a museum piece, but a "living district", for the houses are still occupied – and many of the buildings contain shops and offices.

Ledaal, 75 Eiganesveien (off map). Dating from the last century, this elegant manor is located in a beautiful park. Once the property of the Kiellands, one of the most prominent families in Stavanger's history, it now belongs to the community and is also used as a royal residence.

EXCURSIONS

There are plenty of excursions from which to choose – from a 3-hour fjord cruise to a 5-day "Discovery Route" tour through the Fjord Country to Bergen.

One of the most popular shorter trips is the "cruisette" to the famous Lysefjord with the Pulpit Rock, a sheer cliff face rising 600 m (1,900 ft.) from the fjord. The sightseeing boats have accommodation for about 80 passengers, large viewing windows, and a small sun deck. Light refreshments are served.

Or why not take the speedy hydrofoil or "Westamarian" service to any one of a variety of sightseeing attractions in the area of Stavanger? For further details contact the Stavanger Steamship Company, Ryfylkekaaien (tel. 52 00 20).

Another unusual trip is to the Utstein Kloster, a well-preserved monastery on an island just outside Stavanger. Now fully restored it retains a monastic atmosphere and is often used as a center for cultural conferences and courses.

Transportation

For airport bus transportation see "Your Arrival" chapter.

Taxis are available at the airport and the air terminal (H6). The fare from the airport to the terminal is approx. N.cr.70. There is a minimum charge for taxis of N.cr.10.

Stavanger, itself, is well served by buses, and there is also a comprehensive bus service covering the surroundings.

If you prefer to drive yourself, car hire services are available and vehicles can be booked in advance through your travel agent or SAS office with free pick-up/delivery at the airport.

Being an important gateway to the Fjord Country, Stavanger is the departure point for combined passenger and car ferries to the fjords.

Shopping

Shops are open from 09.00 to 16.00 hrs., Saturdays 09.00 to 13.00 hrs. and Thursdays 09.00 to 19.00 hrs.

The important stores are all located around the downtown area.

Handicrafts

Husfliden (E5)
12 Skagen.

Knitwear

Husfliden (E5)
12 Skagen.

Oltedal A/S (E3)
3 Østervåg.

Rogaland Ullvarelag (C4)
16 Breigaten.

Glass and ceramics

Fritjof Løken (E6)
8-10 Skagen.

Brødrene Pedersen A/S (D5)
6 Bredgaten.

Thomsens Glassmagasin (D5)
11 Breigaten.

Silver and gold

Lauritz Andersen (E5)
10 Kirkegaten.

Leif W. Hansen & Co. (E5)
12 Kirkegaten.

The Silversmith on the Silverberg (E4)
5 Sølvberggaten.

John H. Tandrevold (E4)
27 Sørengaten.

Per Warland (G6)
Romsøegården.

Department stores

E.P.A. (F8)
L. Hertervigsgaten.

Marnburg (D3)
7 Østervåg.

Wilberg (F3)
5 Klubbegaten.

Cutlery

Isach Andreassen (E4)
Arneageren (Sørengaten).

General gift articles

Marnburg (D3)
5 Østervåg.

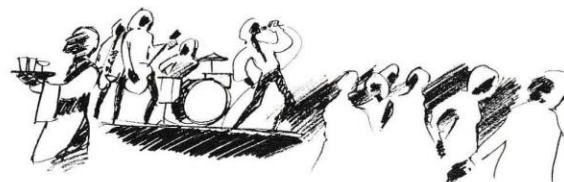
Furs

Hagevolds (E6)
15 Skagen.

Fritz Jensen (D5)
21 Ø. Holmegaten.

Toys

Hustvedt & Co. (D3)
19 Østervåg.



Entertainment and night life

Though Stavanger has no nightclubs, there are numerous restaurants offering music and dancing.

We list some of them below:

Alstor Hotel (off map)
Tjensvold.

Beautiful view over Lake Mosvannet, the fjords and the mountains. Grill restaurant. Bar, dancing. Swimming pool.

Blue Sky Cuisine (D4)

3 Salvagergaten
Chinese food.

De Røde Sjøhus (The Red Seaside Cottages) (B6)

New restaurant located in three old houses, near the sea, which have been restored. Good food, music and dancing.

Esso Motor Hotel (off map)

181 Eiganesveien.

Cocktail bar, cosy maritime atmosphere. Grill room. Taverne – cafeteria-style restaurant. Swimming pool.

Hummeren Hotel (off map)

Tananger.

Good restaurant with lobster as the speciality. You choose your lobster from a special "lobster park". Dancing three nights per week.

Restaurant Ambassador (E5)

2 Kirkegaten.

K.N.A. Hotel (L4)

61 Lagårdsveien.

Barbella Restaurant with music and entertainment. Dancing every night except Sundays. Grill Room. Elegant, sophisticated atmosphere with smart bar adjoining.

SAS Royal Atlantic Hotel (16)

1 Jernbaneveien.

Five restaurants. The main restaurant Atlantic. Good food, music and dancing. "Restauration" restaurant and the new Grill Carvery. Morte-pumpen, an outstanding fish restaurant. Cobra Key Club – bar dancing.

St. Svithun Hotel (F3)

3 Klubbegaten.

Pleasant restaurant in modern Norwegian design. Quiet atmosphere. No dancing. Cafeteria for lighter meals.

Victoria Hotel (B7)

1 Skansegate.

Restaurant Prinsen – excellent food in quiet and pleasant surroundings.

Viste Beach Hotel (off map)

Randaberg.

Good restaurant with adjoining intimate bar – view over Viste Beach.

Other dance-restaurants include the Wine Cellar in Restaurant Korvetten (G6) and the Gazellen Restaurant (I4), near Lake Bredevannet, while there are several discotheques for the younger set.

If you prefer a more classical approach for your evening entertainment, contact the Tourist Information Office (tel. 52 84 37) for details about the Stavanger Symphony Orchestra which gives regular concerts in the Atlantic Hall.

If you have a knowledge of Norwegian, and are visiting Stavanger between September and June, you may be interested in seeing a performance at the Rogaland Repertory Theater (L5), 2 Kannikgaten (tel. 52 10 36).



Sports

Golf: There is an 18-hole course located near Lake Stokka, 5 km (3 miles) from Stavanger. Contact the Stavanger Golf Club (tel. 55 54 31) for details about temporary membership. Clubs are available for hire.

Tennis: There are several good courts at the Stavanger Stadium (off map). For more information contact Stavanger Tennis Club (tel. 53 12 65).

Archery: This is a popular sport in the Stavanger area with a training ground at Krossberget, near Lake Stokka. More details from Stavanger Archery Club (tel. 55 60 49).

Trotting: Races every Sunday at Forus Trotting Ground, 20 minutes from the Railway Station (by bus).

Skiiing: Though Stavanger has very little snow during the winter, fine skiing terrain can be found – from January to April – about one to three hours' drive from the city.

Skating: The Stavanger Ice Hall is open from October 1 to May 1.

Fishing: There are good opportunities for trout and salmon fishing near Stavanger. For more details apply to the Tourist Information Office (tel. 52 84 37).

Special services

If you need any special services such as baby-sitting, business contacts or require any other assistance, please apply to the staff of the Tourist Information Office (J6), who will be happy to help you.

Religious edifices

Lutheran: Stavanger Cathedral (G4), Petri Church, Nytorget (E2), Johannes Church, 8 Høgsfjordgate (off map), Hetland Church, Vår Frues Plass.

Roman Catholic: Vår Frue Kirke, 8 Dronningensgate (K7).

Methodist: Methodistkirken, 7 Waisenhusgate (G1).



The Fjord Country

Kristiansund

Kristiansund is literally colorful, with its buildings painted in gay, diverse colors. It is built on three islands, which are connected by bridges, but the little boats crossing the sound remain Kristiansund's popular "streetcars". A major exporter of dried fish and other products of the sea, the town is also an excellent starting point for deep-sea fishing, mountaineering and walking tours. Particularly interesting is a visit to the tiny fishing island of Grip with its weird shaped, strangely named rocks, its weather-beaten houses and small, tarred church.

Molde

Molde, known as the "town of roses", lies snugly at the foot of surrounding hills, with a great view over the Romsdals Fjord. The Romsdal Museum, which belongs among Norway's best parish museums, puts on folk dancing shows – and, by way of contrast, there is a popular annually staged Jazz Festival. Fishing and fjord trips are staple attractions, and not far away is the Marble Grotto with a 12 m (40 ft.) subterranean waterfall.

Ålesund

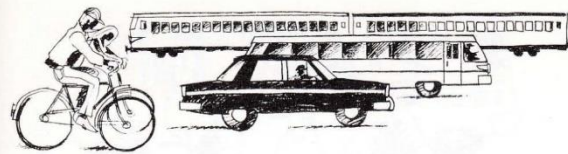
Ålesund is Norway's leading fishing center, with a large fleet operating between Baffin Islands and the Barents Sea. At the summit of Mount Aksla, rising from the center of town, there is a restaurant with a wonderful view. Also within the city limits is a bird rock with many rare species. Finds from Viking settlements are on display in the local museum. Three miles east of Ålesund lies the medieval market town of Borgund, which includes amongst its attractions a stone church dating from the 13th century and a museum containing rich collections of fishery and medievalism.

Haugesund

Haugesund – "born of the North Sea" – really makes you feel the presence of the ocean. Arching bridges – among them Karmund, Norway's largest single-span bridge – jump the busy waterways, and you sense right away that fishing is big business in Haugesund. Nearby, the Haraldshaug National Monument stands on the grave of King Harold the Fairhair, who unified Norway more than 1,000 years ago.

There are daily services with SAS DC-9 between Haugesund and Oslo v.v. Haugesund Airport, Karmøy (tel. 40 200).

(cont'd on page 45)



(cont'd from page 43)

Hardanger Fjord

Hardanger Fjord valley is especially famous for its beauty in apple-blossom time, late May. Ulvik is the best known of the orchard-surrounded villages, as attractive in fall foliage as it is in spring. Near Eid Fjord is the grand 180 m (600 ft.) waterfall, Vøringsfoss. Among the principal Hardanger resorts are also Kinsarvik, Utne, Strandebarm, the twin villages of Norheimsund and Øystese, which has a lake with goldfish, Godøysund, Os, Skånvik and Lofthus. At Odda is an industrial zinc manufacturing center.

Ryfylke fjord

This is actually a whole system of fjords, penetrating inland from the wide Bokna Fjord, which separates Haugesund and Stavanger. Sand and Sauda are popular resorts on the northern Ryfylke fjords. Numerous excursions and "cruisettes" enable you to see the archipelago and fjords. South, at Lyse Fjord — like an exclamation point at the end of a fjord saga — stands in wild and magnificent isolation the famous Pulpit Rock (Prekestolen), an enormous, flat-topped formation with a straight plunge into the fjord below of 600 m (1,900 ft.), one of the great landmarks of the Fjord Country.

Romsdals Fjord

Romsdals Fjord is the northernmost among the spectacular fjords in western Scandinavia. From Molde you have a wonderful, panoramic view over the wide fjord of the towering mountain range with eighty-seven snow-capped peaks. At Rødven stands one of Norway's unique wooden "stave" churches from the 11th century. Åndalsnes, at the innermost end of the fjord, is a port-of-call for many cruise-ships and starting point for scenic excursions, one of them leading over the beguiling, hairpin "Troll Road" to Geiranger Fjord.

Geiranger Fjord

Geiranger Fjord — actually a branch of the Stor Fjord — is considered by many to be Norway's most magnificent fjord. Down the precipitous mountain side tumbles and leaps the famous "Seven Sisters" waterfalls, and on the opposite side the Skagaflå farm perches like an eagle's nest 300 m (1,000 ft.) above the fjord. Geiranger, the small village, that gave the fjord its name, is also the principal resort. The view from Dalsnibba mountain, 1,500 m (5,000 ft.) above the fjord, is particularly impressive. Should you wish to make an overland tour, the road continues via Grotli down to Stryn on the Nord Fjord.

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