

STOCKHOLM



SAS
Destination Service

SAS at your service in Stockholm

The local SAS personnel bid you welcome to Stockholm and will do their best to make your stay rewarding and enjoyable.

You will find us:

Downtown

SAS Ticket Office "Flygcity",
22 Sveavägen (F5), tel. 780 10 00

Open: Monday to Friday 09.00 to 18.00 hrs.
Saturday 09.30 to 14.00 hrs. Sunday closed.

Reservation:

Tel. 24 00 40 (European),
Tel. 24 00 80 (intercontinental),
Tel. 24 75 60 (domestic).

Open: Monday to Friday 08.00 to 19.00 hrs.
Between 19.00 and 21.00 hrs. weekdays
and 08.00 and 21.00 hrs. on Saturdays,
Sundays and holidays, tel. 22 44 60.

SAS Hot Line

For reservations and other travel arrangements outside of office hours, call SAS Hot Line in Copenhagen: 009 45 1 14 75 55.

♯ = wait for new dialling tone.

At the airport

SAS Ticket Office, Departure Hall.
Tel. 780 30 10.

Open: Every day 06.30 to 22.00 hrs.
Information: Tel. 780 30 30 (after 22.00 hrs. dial 797 61 00 for airport authorities information service).

SAS Destination Service

SAS Business Hotels:

SAS Arlandia Hotel
Stockholm/Arlanda (at the airport).

Tel. (0760) 618 00. Telex: 13018.

SAS Airline Check-in available at hotel.

Business Service Center located at hotel.

SAS Strand Hotel

9 Nybrokajen.

Tel. (08) 22 29 00. Telex: 10504.

SAS Limousine available between airport and hotel, or any other address in the Stockholm area.

SAS Airline Check-in available at hotel.

Business Service Center located at hotel.

SAS Scanorama Lounge

Available at the airport.

Stockholm

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Dear Reader.

The contents of this city portrait were updated in March, 1987. When using it some time after this date, please allow for possible changes in price levels, opening hours, telephone numbers, etc.
The Editor.



Before you go

Passport and visa.

Valid passport required. Some foreign nationals must also obtain a visa in advance of their journey (check with your local SAS office or travel agent).

Duty-free allowances.

Residents of European countries allowed 200 cigarettes or 100 cigarillos or 50 cigars or 250 grams tobacco, one liter of spirits, one liter wine, gifts up to value SEK600 and a reasonable quantity of perfume.

Residents of non-European countries are allowed double the above listed amounts of cigarettes and tobacco products, otherwise the same regulations apply.

Special airport facilities.

There are special toilets for persons with handicaps in each pier and also on departure level and arrival level. Wherever the sign "Toilet" is displayed, there is a toilet for handicapped also. Wherever the sign "Telephone" is displayed, there is a special booth for handicapped. All elevators accommodate wheelchairs. Upon request a special escort service will meet departing passengers at check-in and assist them through customs until seated in the aircraft. Arriving passengers are assisted from aircraft through the baggage claim area to customs.

Currency.

The monetary unit is the Swedish *krona* (SEK). Major *credit cards* are widely accepted.

Climate and clothing.

Weather. Visitors are often surprised at the pleasant, low-humidity climate of Stockholm. Though cooler than Central Europe, summer day temperatures average 70°F (21°C), cooling off a little at night.

The beauty of the short summer nights in Scandinavia is hard to match, and the bright and sunny summer days are indeed something you will long remember. If you take a trip to the north of Sweden during June and July, there is the wonder of the Midnight Sun to enjoy, an extra asset of the Swedish summer.

Spring and autumn are delightful, too, but a light overcoat or raincoat will be useful. Winter can be very cold, but when it snows, there is a Christmas card atmosphere. Remember to bring a fur hat and warm overcoat on visits between November and March.

Laundry and dry cleaning service is readily available and of high standard. Let your hotel hall porter advise you.

Official holidays and special events.

A summary of the day's events is available by dialling 22 18 40. (German language 22 18 50, French 21 19 45).

Shops and offices are closed on the following public holidays:

January 1 (New Year's Day), January 6 (Twelfth Night), Good Friday, Easter Monday, May 1 (Labor Day), Thursday six weeks after Easter (Ascension Day). Whit Sunday and Whit Monday make a long weekend during which most city dwellers leave for the country.

April 30, Walpurgis Night, is celebrated as heralding the arrival of spring. This is a gala occasion, when young people gather in the streets and squares singing and making bonfires. Shops and offices are open. Midsummer's Day is celebrated on a Saturday during the third or fourth weekend in June. This is quite a celebration, especially in the province of Dalarna some 200-odd km (125 miles) northwest of Stockholm. Even in the capital, e.g. at Skansen, you may experience the color and charm of this important festival.

Throughout the summer, from early June to late August, "Summer Stockholm" celebrates with international athletics and music and theater daily. The culmination comes with Bellman Week (the week including July 26), a series of charming festivities in honor of the eighteenth-century poet and minstrel Carl Michael Bellman.

The first Saturday of November is All Saints' Day. Shops and offices close.

December 10 is Nobel Day, when the Nobel prize winners gather in Stockholm for the prize-giving ceremony which takes place in the afternoon in the presence of the King and the Royal Family (by invitation only).

December 13 is celebrated as Lucia Day – a festival of light during the darkest period of the year.

On December 24 the Swedes celebrate Christmas Eve at home around the tree. Shops close early, and they remain closed on Christmas Day and the day after (Boxing Day). On the evening of December 26 all the theaters and cinemas open with "first nights" and extra shows.

New Year's Eve closes the holiday cycle with masquerades and dancing everywhere.



Sweden for the business visitor

BASIC DATA

Land area: 449,964 sq.km (175,500 sq.miles) including 8 per cent agricultural land and 52 per cent forested.

Population: 8,342,621 (end 1984).

Main towns Population in '000, end 1983:

Stockholm	647	Örebro	117
Gothenburg	428	Linköping	115
Malmö	229	Jönköping	107
Uppsala	151	Helsingborg	104
Norrköping	118	Borås	100
Västerås	118	Sundsvall	94

Currency: Krona = 100 öre. Exchange rate March 1987, US\$ = SEK 6.40.

Languages: Swedish; Finnish and Lapp used by minorities.

Measures: Metric system.

Time: 1 hour ahead of GMT.

GNP per head (1986): US\$11,655.

Government: September 1985, Social Democrat.

Member of: UN, OECD, Council of Europe, Efta, Nordic Council.

General information.

Sweden is a constitutional monarchy with all legislative powers vested in the Riksdag (parliament). It is situated on the eastern part of the Scandinavian peninsula between Norway to the west and Finland to the east. Over half its area consists of dense forests and lakes. 85.5 per cent of the population is concentrated in the agricultural and industrial south (Götaland) and center (Svealand); the north (Norriand) has an average population density of only 5 per cent. Agriculture, though it only employs some 4 per cent of the population, provides 80 per cent of domestic foodstuffs and substantial surpluses of grain, milk and meat. The country is rich in minerals including copper, zinc, lead, silver pyrites and, particularly, iron ore, of which it contributes some 5 per cent of total world production. It is also potentially Europe's largest producer of uranium, but development of the substantial deposits has so far been held up on environmental and political grounds. For the same reasons, an ambitious nuclear program has been progressively scaled down. Sweden's forestry industry accounts for approximately 17 per cent of world pulp exports, 14 per cent of

paper exports and 12 per cent of coniferous sawn wood exports. Energy use has been a major political issue since the 1970s: Sweden is amongst the countries in the world with the highest per capita consumption of imported oil and government policy is aimed at reducing this dependence significantly by 1990.

Real economic growth has been declining from the 3.4 per cent recorded in 1984 to 2.3 per cent in 1985 to possibly below 2 per cent in 1986. Industrial activity has also fallen from the 1984 peak increase of 7.1 per cent compared with 1984 to only 2.8 per cent and 2 per cent in 1985 and 1986 respectively. Unemployment is extremely low by international standards and has declined from 3.3 per cent in 1983 to 2.7 per cent in 1986; youth employment is a problem, however, as in other OECD countries, and recruitment of young people attracts government subsidies. Public administration takes up a third of the labor force and the services sector is also a major employer.

The inflation rate has fallen steadily since the 10.6 per cent increased recorded in 1983 and consumer prices rose only 3.5 per cent in 1986. Even so, this was higher than the rate of most of Sweden's trading partners. Foreign trade has been in surplus since 1983 but the balance of payments' current account has been in fluctuating deficit for several years with small surpluses in 1984 and in 1986 when it was estimated at US\$1 bn.

Outlook. Economic growth in 1987 is expected to slow slightly to about 1.8 per cent and the rate of inflation may accelerate to nearly 5 per cent, being pushed by high wage increases. Private consumption will continue to rise by around 3 per cent and although export growth will slow, suppliers to the Swedish market will benefit from an expected volume increase in imports of 4 per cent. Little change in unemployment is expected.

Stockholm is the capital of Sweden and the political, commercial and financial center, as well as being the largest port on the east coast. The average personal income of its inhabitants is estimated to be about 30 per cent higher than the national average. The headquarters of many of the largest Swedish companies and most of the country's industrial and commercial associations are located here, as are many of the major purchasing organizations including the KF. This makes the city an excellent all-round location for sales offices and subsidiaries. The main shopping center is particularly fine and the suburbs, too, are notable for their first class shopping facilities and efficient transport to the city center.

There are two major convention centers in Stockholm, plus smaller ones in several hotels. Arlanda airport is 41 km (25 miles) from the city terminal. Many of Sweden's important industrial cities are within 200 km (125 miles) of the capital, including Västerås, Uppsala, Norrköping and Örebro.

Sweden as a market.

Sweden has the highest standard of living in Europe and provides a tough, discerning and demanding market place. It is a free enterprise economy, with low tariffs and competition for Sweden's lucrative import market is very strong and has also to compete with excellent domestic production. Sophisticated selling methods are necessary to attract buyers who expect high

quality goods, good design and packaging and, particularly, reliable delivery. Technical after sales service where necessary is also of considerable importance.

The consumer goods market is dominated by the *Ko-operativa Forbundet (KF)*, the Co-operative Union and Wholesale Society, which is involved in both wholesaling and retailing and is the largest single importer of consumer goods via a central purchasing organization. The KF also manufactures certain items such as margarine, detergents, light bulbs, china and so on.

Sweden's shipbuilding industry is being closed down because of the fall in world demand and the decline in its own competitiveness compared, particularly, with Korea. Other traditional industries are being restructured with state assistance. Most important manufactures are machinery, motor vehicles, timber, pulp, paper and board, iron and steel, electrical and electronic equipment, chemicals, aircraft. Engineering accounts for nearly half of all manufacturing industry, 93 per cent of which is privately owned. There is a total of *more than 43,500 companies* in Sweden, of which 90 per cent employ less than five people: 800 firms have more than 500 staff.

Health and safety regulations are stringent, especially for vehicles, chemicals, food, electrical goods and toys.

The country is large (the third biggest in Europe) and its markets *widely dispersed*. It is, however, easily accessible by efficient transport systems, including regular internal air services and clean and punctual trains. Road surfaces are usually good.

Trend of foreign trade.

(US\$ bn)	1981	1982	1983	1984	1985
Exports fob	28.61	26.76	27.46	29.24	29.99
Imports cif.	28.84	27.68	26.13	26.29	28.24
Balance	-0.23	-0.92	1.33	2.95	1.75

Main commodities traded in 1985

(US\$ mn)			
Exports		Imports	
Machinery, incl. electrical	7,481	Machinery, incl. electrical	6,827
Wood products, paper & pulp	5,169	Petroleum & petro- leum products	5,377
Transport equipm.	4,791	Chemicals	2,691
Iron & steel	1,989	Transport equipm.	2,479
Chemicals	1,887	Food, drink & tobacco	1,737
Food, drink & tobacco	752	Clothing & footwear	1,358
		Iron & steel	948
Total incl. others	29,994	Total incl. others	28,241

Main trading partners, 1985

(per cent of total)			
Exports	to:	Imports from:	
EFTA	19.6	EFTA	16.5
of which:		of which:	
Norway	10.5	Norway	6.0
Finland	5.6	Finland	6.5
EEC	47.1	EEC	53.9
of which:		of which:	
Fed. Rep. Germany	11.5	Fed. Rep. Germany	17.9
UK	9.9	UK	14.1
Denmark	8.3	Denmark	6.8
USA	11.6	USA	8.4

Doing business in Sweden

Herr, Fru or Lars?

The Swedes have acquired a reputation for being rather formal people and it is customary, of course, to wait for your host's lead before starting a "first name" relationship.

But today's dynamic young business people cannot be "generalized" under such a broad heading and do not be surprised, if within a few minutes they are suggesting you call them "Lars" or "Sven". In this connection, it is always useful to hand over your business card when introducing yourself, so that you can receive one in exchange and ensure, that you do not mispronounce Swedish names.

The Swedes are used to foreigners being unable to pronounce their names and you can certainly win points by using the correct words from the start.

It often surprises the English and Germans to discover, that the managing director of a large corporation is on first name terms with his employees on the shop floor. On the other hand, one of the keys to Swedish success in industry is the smooth relations between management and workers.

Business hours.

Most Swedish companies operate a "flex time" – in other words the employees stagger their arrival time between 07.30 and 09.00 hrs. and their departure from 16.00 to 17.30 hrs. In spring and summer time, many Swedes like to make the most of the long sunny days in their country homes or boats and offices tend to close from 15.00 to 16.00 hrs. Do not try to make late-afternoon appointments during this period.

Timekeeping.

Especially in recent years, the Swedes have become conscious of the need to "manage time" in their working day. It is, therefore, imperative that you arrange your meetings well in advance and arrive punctually. This goes not only for business meetings, but also for evening dinners or cocktails. It is considered bad manners to arrive late.

Should you not be able to keep your appointment, it is essential to inform your Swedish colleague as far in advance as possible.

Summer vacation.

Note that in July most offices and factories are closed when the Swedes take their vacation.

Special services.

Photocopying facilities are available at many post offices, secretarial companies and offices of firms like Rank Xerox.

Useful business contacts.

House of the Federation of Swedish Industries (Industrihuset), 19 Storgatan, tel. 783 83 00.

The Industry House contains the offices of nearly all the business associations of interest to visiting executives. The Federation is the central organization of Swedish industry consisting of 26 trade associations with some 3,000 member companies. Five of these member associations are also located in the building, namely the *Swedish Association of Metal Working Industries*, the *Association of Swedish Chemical Industries*, the *National Federation of Swedish Sawmills*, the *Swedish Electrical Manufacturers' Association*, and the *Swedish Mine Owners' Association*.

Also to be found in the building are: the *Swedish Export Council* (which assists its 1,700-plus members in their export promotional activities), the *Federation of Swedish Wholesalers and Importers* (some 1,100 members in 55 branch associations covering industrial and consumer goods), *Swedish Glass Manufacturers' Association*, *Industrial Institute for Economic and Social Research* and *Swedish Institute for Foreign Law*.

Other addresses:

Stockholm Chamber of Commerce (G5). 9 Västra Trädgårdsgatan, P.O. Box 16050, S-103 22 Stockholm. Tel. 08/23 12 00.

Stockholm Site and Development Company (D7). 5 Hantverkargatan, S-11221 Stockholm. Tel. 08/14 28 80.

Skandinaviska Enskilda Banken (G6). 2 Sergels Torg, S-106 40 Stockholm. Tel. 08/763 50 00.

Handelsbanken (G5). 2 Kungsträdgårdsgatan, S-103 28 Stockholm. Tel. 08/769 10 00.

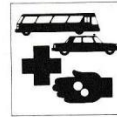
Götabanken (G5). 23 Malmskillnadsgatan, S-103 77 Stockholm. Tel. 08/790 40 00.

PK banken (H6). 12 Hamngatan, S-103 71 Stockholm. Tel. 08/781 80 00.

Stockholms Mässan

The premises of Stockholms Mässan trade fair are located at Älvsjö some 8 km (5 miles) southwest of downtown. They can be reached conveniently by taxi or the commuter train service "Pendeltåg" from Stockholm Central Station.

Economic information provided by International Economic Information Services, London, England.

**Worth knowing**

At-a-glance information you might find useful:

Emergencies.

In acute emergencies requiring the assistance of the police, ambulance or fire service dial 90 000.

For assistance of a tow truck, call 24 10 00.

Medical service: Emergency treatment can be obtained at any hospital. Check with the medical information service, tel. 84 04 00. Private medical facilities are available at City Akuten (F5), 3 Holländargatan, tel. 11 71 77 and Medical Center (H6), 12A Riddargatan, tel. 24 66 15.

Dental service: Emergency clinic, 20 Regeringsgatan, telephone information 20 06 17. Open 08.00 to 18.00 hrs. No appointments accepted.

Banks.

See under "Useful business contacts" on page 10 for addresses of major Swedish banks.

Business hours.

Banking hours are usually 09.30 to 15.00 hrs. weekdays only, with late opening until 18.00 hrs. one evening a week at some branches.

Offices often operate "flex time" with employees staggering arrival times between 07.30 and 09.00 hrs. and departure times between 16.00 and 17.00 hrs.

Car rental.

The sixty-odd car rental agencies offering services in Stockholm are listed in the commercial telephone directory under "Biluthyrning". Telephone numbers to booking centers of some major companies are: Avis 83 02 10, Budget 737 17 37, Europcar 33 61 00, Hertz 18 13 15, interRent 24 02 80.

When renting a car please remember the strict laws regarding drinking and driving in Scandinavia. Ignorance of the law is not accepted as an excuse.

Communications.

Telegrams, telefax and telex. Public telex facilities are available at the telex offices at 2 Skeppsbron (H7), tel. 10 09 39 and at Sveavägen/Kungsgatan (G5). To send a telegram, dial 0021 on the telephone.

Postal service. Stockholm's main post office at Vasagatan (F6) is open from 08.00 to 20.00 hrs. on weekdays and from 09.00 until 15.00 hrs. on Saturdays. Sunday closed. Other post offices open at 09.00 hrs. and close 18.00 hrs. Postage stamps can also be purchased at kiosks called "Pressbyrån". There is a post office at NK department store.

Telephone. Direct dialling is available to many countries and public telephone booths have printed instructions in English. Most pay phones are operated by one krona coins. Before making long distance calls from your hotel phone, it is advisable to check what rate they charge.

Credit cards.

All major credit cards are accepted by hotels, restaurants, shops and transportation companies. Surprisingly small eating places often accept such cards, so it's worth asking.

Electrical current.

220 volts AC (50 Hz).

Information centers.

For tourists and visiting businessmen:

Sweden House (G/H7), Kungsträdgården, tel. 789 20 00. This building contains the offices of the *Swedish Tourist Board* and the *Stockholm Information Service*. The Tourist Centre on the ground floor has trained staff on hand with plenty of informative literature to make sure visitors to Stockholm know what's going on, what to see, what to do, etc.

Sweden House is also the location of the Swedish Institute, which has a reference library with some 8,000 volumes about Sweden in foreign languages, as well as Swedish and foreign newspapers and magazines.

The public is welcome to use the library for reading or listening to Swedish music. The information bookstore has books, slides and records for sale at very reasonable prices.

Fact sheets on different aspects of Swedish society are available free of charge.

Lost property.

If you have mislaid something during your SAS flight, contact the SAS Lost and Found Department in the Arrival Hall at Arlanda Airport International Terminal, tel. 780 3101.

For valuables mislaid in town contact the police at Tjörhovsgatan 21, tel. 44 30 66. *Subway* and *buses*: tel. 736 07 80.

Newspapers and magazines.

Foreign newspapers and magazines are available at Arlanda airport, at the Central Station and at several bookstores downtown, including the International Press Center, Gallerian (G6).

Pharmacies

Open 24 hrs.: C.W. Scheele, 64 Klarabergsgatan (F6 - opposite the Central Station) tel. 21 89 34. For other pharmacies consult the classified telephone directory (Yellows Pages) under "Apotek".

Religious services.

Roman Catholic: Domkyrkan (H10), 46 Folkungagatan, tel. 40 15 55. St. Eugenia Church (H6), 12 Kungsträdgårdsgatan, tel. 10 00 70.

Christian Science: First Church of Christ, Scientist (F2), 10 Eriksbergsgatan, tel. 21 81 40. Second Church of Christ, Scientist (F6), 88 Kungsgatan, tel. 50 03 37.

Greek Orthodox: St. Georgios (F3), 92 Birger Jarlsgatan, tel. 81 47 32.

Protestant: Services are held at 11.00 hrs. daily in Swedish churches throughout Stockholm.

Anglican Church (off L5), 76 Strandvägen, tel. 61 22 23. Deutsche St. Gertruds Kirche (H8), Tyska Brinken, tel. 11 11 88. United Christian Congregation of Stockholm, St. Klara Church (F6), service at 09.00 hrs. during summer (June through August) and 10.30 hrs. during winter. Tel. 21 01 88. Immanuel Church (F4), 17 Kungstensgatan, tel. 15 12 25. Services in English and Swedish.

Jewish: The Great Synagogue (G6), 3A Wahrendorffsgatan, tel. 23 51 60. Adas Jisroel (H9), 13 St. Paulsgatan, tel. 44 19 95.

Secretarial services

Look in the classified telephone directory under "Skriverbyråer" for secretarial assistance and office printing. English-speaking secretaries are available from Språksekretären, 16 Riddargatan, tel. 63 02 80.

Time difference.

Swedish time is one hour ahead of GMT. During the summer months daylight saving time applies and local time is two hours ahead of GMT (during the period March 29 to September 26 in 1987).

Tiping.

The service charge and a value added tax are included in restaurant bills but, old customs die hard, and waiters still expect to receive a small extra tip . . . especially if you're a foreigner. The Scandinavians themselves are trying to teach the waiters to accept the new rules and rarely leave tips nowadays.

Taxi drivers expect tips - in fact, their fares are calculated on the basis of receiving gratuities from customers. Therefore, you'll keep everybody happy, if you tip between 10-15 percent. They are quite honest and if you're not sure, just ask and they'll tell you the exact amount, down to the öre, that they expect.

Transportation.

Buses and a modern subway system make it easy to get around the city. Taxis may be ordered by telephone, dial 15 00 00 (advance booking 15 04 00).

Tourist tickets

Tourist tickets are available entitling you to unlimited travel on the public transportation system (including bus, subway, commuter trains and the Djurgården ferry), plus admission to the Tramway Museum at Odenplan subway station.

The price of a 24-hr card valid within the city limits is SEK21, a 24-hr card valid throughout the whole transportation area costs SEK38. A 72-hr card costs SEK72 and is valid throughout Stock-

holm County and for admission to Skansen, Kaknäs Tower and the amusement park Gröna Lund (summer only). Youngsters under 18 and senior citizens are entitled to half fare. Tourist tickets are on sale at kiosks marked SL or Pressbyrån and at the Tourist Centre.

Tourist cards

The Stockholm Card provides free entrance to most museums in the city, as well as free sightseeing and transportation throughout the County of Stockholm, as well as several special offers. Prices are SEK66 (24 hrs.), SEK112 (48 hrs.), SEK168 (72 hrs.), and SEK224 (96 hrs.). Reduced rates for children. On sale at the Tourist Centre, Pressbyrån newsstands and at the SL center, Sergels Torg, subway entrance level.

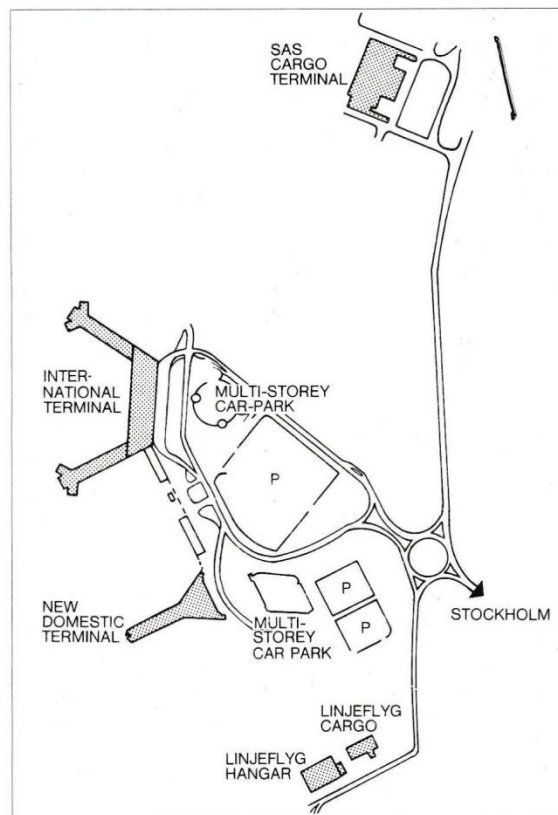


Airport guide

Name: Arlanda International Airport.

Location: 41 km (25 miles) north of the city.

Other airports: Bromma (commuter traffic and air taxi only).



All scheduled flights to/from Stockholm, both domestic and international, are concentrated on one airport – Arlanda.

The modern, purpose-built domestic terminal is located just south of the international terminal building. The two terminals are linked by a 300 meter (330 yard) covered walkway and by free coach transportation.

**Facilities at the airport.
International terminal.**

Banks. Located in the Departure Hall and Arrival Hall. Open hours (Departure Hall) 07.00 to 22.00 hrs. daily.

Post office. Arrival Hall.

SAS ticket office. Departure Hall.

Currency exchange. At the bank.

Car rental desks. InterRent, Avis, Budget, Europcar and Hertz have desks in the Arrival Hall.

Baggage storage facilities. Downstairs from the Arrival Hall.

Hairdresser. Downstairs from the Arrival Hall.

Businessman's lounge. The SAS "Scanorama" business service lounge in the inner Departure Hall at Arlanda international is open to SAS full-fare economy passengers. The lounge has facilities for reservations, telex and a bar.

VAT desk. Check at the VAT desk in the Departure Hall if you are claiming tax refunds on goods purchased in Sweden. This has to be done *before* you check in your baggage.

Your arrival in Stockholm.

Your SAS aircraft will touch down at Arlanda airport and you will step down onto historic Swedish soil. For this – the province of Uppland – is the heart of old Sweden and the surrounding district is dotted with more than a thousand rune stones and a large number of medieval churches.

In passing the customs control at the international terminal you choose the *red* passage if you have – or believe you have – something to declare and the *green* passage if you do not.

Airport transportation

SAS Limousine. Contact the SAS Limousine Desk in the Arrival Hall. Convenient transfer to your address in Stockholm will be arranged in a shared limousine for SEK165 (central locations) or SEK210 (suburban areas).

SAS limousine service is also available for your journey to the airport. For bookings call 797 37 00, stating departure date and flight number. Reservations must be made at least 4 hours prior to departure time and latest 16.00 hrs. the day before for flights departing before 10.00 hrs. If more than one passenger traveling to or from the same address, the first pays full fare and the others 50% each.

Bus service. There are regular bus departures for town from right outside the terminal building. Fare SEK28.

When handing over your luggage for storage in the baggage compartment of the bus, please say whether you want to be dropped at Järva Krog – a bus-stop near a motor hotel about 8 km (5 miles) north of Stockholm – at the Haga Terminal on the city outskirts where taxis are available, or at Vasagatan in the city center. If you are traveling with heavy baggage, we suggest you disembark at Haga and take a taxi from there.

There are also regular bus departures to the airport when taking your leave of Stockholm. Again, we suggest you take a taxi

from your hotel to Haga Terminal to catch the bus there, especially if you have heavy baggage. (Unless, of course, your hotel is close by Vasagatan).

Departure times for buses to Arlanda are as follows:

	International flights, prior to flight departure	Domestic flights, prior to flight departure
from Vasagatan	80 mins.	60 mins.
from Haga Terminal	75 mins.	55 mins.
from Järva Krog	70 mins.	50 mins.




Taxi. Taxis are available to the right as you leave the Arrival Hall. The fare into the city will be around SEK225, more to the southern suburbs.



Code numbers in this booklet refer to the above map. Thus (F5) is located where lines drawn from "F" and "5" cross each other.




© SAS

Interesting sights in Stockholm.

- | | | | |
|----------|--|------|--|
| (E7) | Stadshuset (Town Hall). | (J8) | Vasa Museum (the Vasa man-of-war). |
| (G8) | Riddarholmen Church. | (G7) | Royal Opera House |
| (G/H7) | Royal Palace, the Cathedral, and Gamla Sta'n (the Old Town). | (H6) | Royal Dramatic Theater. |
| (G7) | Museum of Medieval History. | (F5) | Konserthuset (the Concert Hall) and "Hötorgscity". |
| (K/L7/8) | Skansen. | (E1) | Wenner-Gren Center. |
| (H7) | National Museum of Art. | | |
-  Sightseeing (bus and boat departure points).
 Subway stations (Tunnelbanan).
 SAS Ticket Offices

Note: Kungsbron closed for repairs 1987.

Useful addresses.

-  SAS Strand Hotel (H6).
 Town Terminal (F7), Haga Terminal (D1), for dep. to Arlanda Airport.
 Tourist Information and Accommodation Service Offices:

Tourist Centre and the Excursion Shop (G/H6), Sweden House, Kungsträdgården, tel. 789 20 00 (Saturdays and Sundays 789 24 22, 789 24 17).

Jun 18–Aug 19 Mon–Fri 08.30–18.00 Rest of year Mon–Fri 09.00–17.00
 Sat–Sun 08.00–17.00 Sat–Sun 09.00–14.00

Hotellcentralen (F7), Central Station (opp. SAS Town Terminal), tel. 24 08 80.

Open: June–Sept 08.00–21.00 | Oct–May Mon–Sat 08.30–17.00
 Sunday 13.00–21.00



A place to stay

Hotels in Stockholm are noted for their cleanliness and excellent service. The staff as a rule speaks English, German and French.

It is always advisable to book your hotel accommodation in advance. In this respect you should contact your travel agent or SAS. Either can offer you detailed information with immediate confirmation of accommodation at many hotels. However, should you arrive in Stockholm without a hotel reservation, a special Accommodation Bureau (Hotelcentralen) at the lower floor of the Central Station (F7), tel. 24 08 80, will help you find a suitable room for a small fee. Although there is no official classification of hotels, those listed below correspond to what are generally considered first and tourist class hotels in Europe:

SAS Business Hotels

SAS Arlandia Hotel (off map)
Stockholm/Arlanda (at the airport).
Tel. (0760) 61 800.

SAS Airline Check-in available at hotel.
Business Service Center located at hotel.

SAS Strand Hotel (H6)
9 Nybrokajen.
Tel. 22 29 00.

SAS Airline Check-in available at hotel.
Business Service Center located at hotel.
SAS Limousine available between airport and hotel
(or any other address in Stockholm).

Amaranten Hotel (D6)
31 Kungsholmsgatan.
Tel. 54 10 60.

Anglais Hotel (G/H5)
23 Humlegårdsgatan.
Tel. 24 99 00.

Hotel Birger Jarl (F3)
8 Tulegatan.
Tel. 15 10 20.

Hotel City (F6)
7 Slöjdgatan/Hötorget.
Tel. 22 22 40.

Continental (F7)
4 Klara Vattugränd (opposite Centr. Railw. Station).
Tel. 24 40 20.

Hotel Diplomat (I6)
7c Strandvägen.
Tel. 63 58 00.

Grand Hotel (H7)
8 S. Blasieholmshamnen.
Tel. 22 10 20.

Malmen (H10)
49-51 Götgatan.
Tel. 22 60 80.

Hotel Mornington (I5)
53 Nybrogatan.
Tel. 63 12 40.

Hotel Oden (E3)
24 Karlbergsvägen.
Tel. 34 93 40.

Palace Hotel (C2)
115 S:t Eriksgatan.
Tel. 24 12 20.

Park Hotel (H4)
43 Karlavägen.
Tel. 22 96 20.

Hotel Reisen (H8)
12-14 Skeppsbron.
Tel. 22 32 60.

Royal Viking* (F6)
1 Vasagatan.
Tel. 14 10 00.

Sergel Plaza Hotel (F6)
9 Brunkebergstorg.
Tel. 22 66 00.

Sheraton-StockholmHotel(F7)
6 Tegelbacken.
Tel. 14 26 00.

Sjöfartshotellet (H9)
26 Katarinavägen.
Tel. 22 69 60.

Hotel Stockholm (H6)
1 Normalmstorg.
Tel. 22 13 20.

Stockholm Plaza (G5)
29 Birger Jarlsgatan.
Tel. 14 51 20.

Hotel Terminus (F7)
20 Vasagatan.
Tel. 22 26 40.

Victory (G8)
5 Lilla Nygatan.
Tel. 14 30 90.

Hotel Wellington (I5)
6 Storgatan.
Tel. 67 09 10.

*) SAS associated hotel.

This lists only a few of the many good hotels in Stockholm. Prices will range between SEK300-600 for a single room with bath and between SEK500-900 for a double, surcharge for services included. Information on special weekend discounts and low summer prices can be obtained from the Tourist Centre, Sweden House, Kungsträdgården. Ask for the Stockholm Package.



Eating out

Stockholm's scenic exterior of island-dotted landscapes and elegant architecture might have you thinking this is a somber city without a heart. No such thing. Stockholm has its pulsating social life, inviting you to taste and touch the culinary and cultural delights of a capital city, in the company of dancing, dining and merry-making Swedes.

You've plenty to choose from when dining out. Sophisticated, oak-panelled dining rooms for business entertaining. Trendy bistros and cafés for meeting friends. Old inns and cellar restaurants for genuine historic charm. Friendly neighborhood eating places with modest prices.

Lunch prices are very reasonable, dinner relatively more expensive. The following list is merely a short introduction to the many and varied places to dine.

Gourmet restaurants

Erik's (H8)
17 Österlånggatan,
Gamle Stan
Tel. 23 85 00.

For those with a passion for culinary excellence and the means to indulge it. There is also a fine seafood restaurant under the same name and management, located in a converted barge at 17 Strandvägskajen (I6).

Coq Blanc (G4)
111 Regeringsgatan.
Tel. 11 61 53, 11 61 55.

The talented chefs have earned the highest accolades of several prestigious good food guides. A full and varied menu inspired by French and Swedish traditions.

Grand's French Veranda (H6)
8 S. Blasieholmshamnen.
Tel. 22 10 20.

Embodies all the traditions of personalised service and sober elegance that Stockholm's Grand Hotel is famous for.

Gourmet (F4)
10 Tegnérsgatan.
Tel. 31 43 98.

The name says it all. Inviting, wood-panelled interior is matched by painstakingly-prepared dishes of fish, meat and game.

Operakällaren (H7)
Opera House.
Tel. 11 11 25.

An institution within Swedish cuisine. Caters state banquets at the Palace. Large, oak-panelled dining rooms.

Strand's Dining Room (H6)
9 Nybrokajen.
Tel. 22 29 00.

Meticulous preparation to ensure absolute satisfaction. Require reservations 24 hours in advance, allowing an individual menu to be composed to your wishes.

Fashionable, trendy

Arnold's (H5)
20 Birger Jarlsgatan.
Tel. 24 01 00.

Relaxed atmosphere in spruced up premises from the turn of the century. Grill and barbecue dishes. Often pleasantly crowded and with sprinkling of celebrities. Beautiful period salons upstairs for meetings and functions.

Café Opera (G7)
Opera House.
Tel. 11 00 26.

Favorite haunt of jet-set and swingers. Open from lunchtime to the small hours.

Glada Laxen (H6)
Gallerian.
Tel. 21 12 90.

Fine lunch restaurant, located in Gallerian shopping mall. Reasonable prices.

Martini (H6)
4 Normalmstorg.
Tel. 20 04 20.

Continental atmosphere. Fashionable clientele.

Vau-De-Ville (H6)
17 Hamngatan.
Tel. 21 25 22.

Popular brasserie, relaxed and informal. Variety of dishes. Well situated, close to main shopping areas.

Old Town cellar restaurants

Aurora (G8)
11 Munkbron.
Tel. 10 03 02.

Diana (H8)
2 Brunnsgränd.
Tel. 10 73 10.

Fem Små Hus (H8)
10 Nygränd.
Tel. 10 04 82.

Seafood

Erik's (I6)
17 Strandvägskajen.
Tel. 60 60 60.

Wedholm's Fisk (H6)
17 Nybrokajen.
Tel. 10 48 74.

Special places, intimate hideaways

Blå Gåsen (G4)
28 Karlavägen.
Tel. 10 02 69.

Charming restaurant with good food and reasonable prices.

Ett rum och kök (I4)
46 Nybrogatan.
Tel. 61 12 02.

Small restaurant in fashionable area. Strange name means "one room and kitchen".

Jacob Skräddare (H10)
44 Götgatan.
Tel. 41 36 53.

Unpretentious, rustic interior. Traditional Swedish dishes of very high quality.

Nils Emil's (I10)
122 Folkungagatan.
Tel. 40 72 09.

A warm welcome, superb dining and intimate, well-filled premises.

Papa Pe (E4)
11 Norrtullsgatan.
Tel. 33 02 80.

Neighborhood restaurant with personality and well-prepared food.

Late dining, supper

Birger Bar (H6)
5 Birger Jarlsgatan.
Tel. 20 72 10.

Cecil (G4)
29 Birger Jarlsgatan.
Tel. 10 42 02.

Daily News Café (G6)
Kungsträdgården Park.
Tel. 21 56 55.

Wine cellars/bars

Ma Cave (I5)
27 Storgatan.
Tel. 60 25 28.

Bar at excellent French restaurant La Brochette.

Riche Wine Bar (H6)
4 Birger Jarlsgatan.
Tel. 20 84 50.

Inns

Clas på Hörnet (F3)
26 Surbrunnsgatan.
Tel. 16 51 30.

Seventeenth-century inn with fine food and friendly service.

Edsbacka Krog (off map)
220 Sollentunavägen.
Tel. 96 33 00.

Picturesque inn situated in parkland 12 km north of Stockholm. Period furnishings and superb cuisine.

Stallmästaregården (D1)
Nortull (next to Haga
Air Terminal).
Tel. 24 39 10.

Pleasant setting by the water.

Ulriksdal Wårdshus (off map)
Ulriksdals Slottspark.
Tel. 85 08 15.

Seventeenth-century inn set in a royal park. Ten minutes drive north from downtown.

Piano bars

Royal Viking Hotel (F6)

Grand Hotel (H7)

Hotel Reisen (H8)

Sergel Plaza Hotel (F6)

Sheraton Hotel (F7)

Pastry cafés

Sture Katten (H5)
4 Riddargatan.
Tel. 11 16 12.

Vete Katten (F6)
26 Klara Norra Kyrkogata.
Tel. 20 84 05.

For a snack or a quick meal pick one of the numerous self-service restaurants ("Grillrestaurang" or "Bar") scattered all over central Stockholm.

For inexpensive meals during the day also try the restaurants and cafeterias in the following department stores: NK, Åhlens, PUB, Domus and others.

In recent years several new foreign restaurants have opened: Austrian, German, Hungarian, Italian, Japanese, Russian and others. You will find most of these in central Stockholm.

Breakfast is called *frukost* and will normally be a "continental" breakfast – coffee or tea, rolls, butter and marmalade.

Lunch is served around noon. You can, of course, eat "à la carte", but at least once you should try the famous Swedish *Smörgåsbord*. Large tables groan under a fantastic assortment of hot and cold delicacies, which will gladden the heart of anyone with a real appetite. But not all restaurants serve smörgåsbord – ask the hall porter at your hotel to advise you.

Dinner is served from 18.00 hrs. and usually consists of two or three courses.

During August and September you have an opportunity to feast on crayfish – a great Swedish delicacy.



At leisure in Stockholm

Stockholm profile.

Stockholm is probably the most beautiful city in Europe. In summer and in winter. Capital of the Kingdom of Sweden, Stockholm is built on 14 islands in Lake Mälaren and Saltsjön, part of the Baltic Sea.

It was founded in the early 13th century and as it grew, the islands were one by one linked together by bridges and ferries. Today's great modern metropolis has also incorporated huge chunks of the mainland in the city proper – yet in "Gamla Sta'n", the Old Town, you can still see quaint, narrow, cobblestoned streets and medieval buildings where the atmosphere of bygone days lingers on.

The copper towers of "Gamla Sta'n", its antiques' shops, bull's eye windows and Royal Palace colorfully contrast with the 21st century style downtown center, the glass-and-concrete "Hötorgs-city" with its shopping arcades and traffic-free piazzas.

Stockholm is a spacious city with wide, tree-lined boulevards, a generous sprinkling of green parks, several of Europe's top department stores and 50-odd museums catering to interests as diverse as old musical instruments, streetcars and modern art.

The capital's environs, too, are especially attractive. Pleasant residential suburbs have grown up among rocky woods, so planned that the beauty of nature is well preserved.

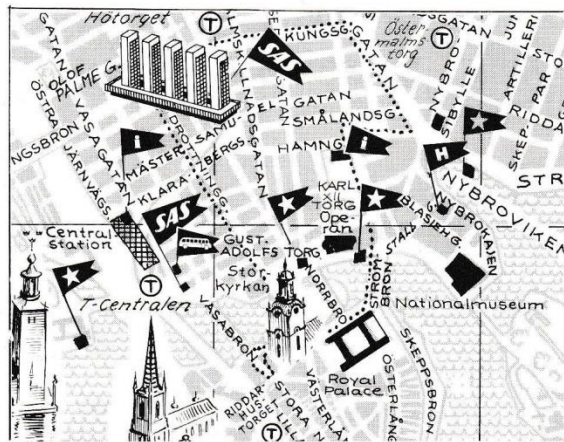
On the outskirts of the city large areas are left open for recreational purposes – excellent for picnics and strolling in summer, fall and spring and for tobogganing, skating and skiing in winter.

Stockholm is also an ideal base from which to tour the rest of Sweden – whether you prefer to explore the immediate surroundings (see page 28) or go farther afield and fly southwards to Malmö and the Chateau Country, northwards to Swedish Lapland and the Top of Europe or sail southwest to Gothenburg by narrow-beamed steamers along the century-old Göta Canal.

A worthwhile buy, at only SEK12, is the 260-page booklet "What to see and do around Stockholm", available at the Tourist Centre, Sweden House.

One hour's walk around Stockholm.

SAS "Flygcity", 22 Sveavägen, opposite the Hötorgs-city, is a convenient starting point. Walk along Sveavägen towards Kungsgatan and then turn right heading for Stureplan. At Stureplan turn right into Birger Jarlsgatan following this until you reach an open square, Nybroplan, with the Royal Dramatic Theater on your left hand side. From Nybroplan turn right into Hamngatan and pass the square, Norrmalmstorg. Then walk left through Kungsträdgården (The King's Garden), with Sweden House on your right, to the square, Karl XII Torg. Cross the bridge leading to the Royal Palace and walk around the far side of this building to the Obelisk



and Storkyrkan (Stockholm Cathedral). Now continue through Storkyrkobrinken and pass the Riddarhuset (House of Nobility) finding your way to Vasabron (the Vasa Bridge), from where you can see Stadshuset (the Town Hall). Don't cross by the bridge but turn right along the Waterfront and cross by the next bridge, Riksbron, where you pass between the newly restored buildings of the Parliament. From Riksbron, to the right, you will also have a glance at Gustav Adolfs Torg and the Opera House. Leaving Riksbron you follow Drottninggatan (the Queen's Street). On your way you pass the House of Culture on Sergels Torg, a round plaza with the world's biggest glass column, after which you cross Klarabergsgatan, along which you will find some of Stockholm's newest and most modern department stores. At Kungsgatan (the King's Street) turn right and stroll through the city's biggest shopping area, the Hötorgscity, pass the Concert Hall and its lovely fountain by sculptor Carl Milles, and you will find yourself at your starting point. Allow one or two hours for the walk.

A bus (marked "Turistlinjen") circles the city daily from June to mid August, with 14 stops. A folder describing the sights on route is available in English. Fare SEK30, valid 24 hours. The bus operates on Sundays the rest of the year and also Saturdays during April, May and the period August 17 to December 13.

After hours.

Entertainment and night life.

The long daylight hours of the Scandinavian summer offer the opportunity of spending the evenings out of doors. Outdoor concerts are usually held in one of the large parks, such as *Kungsträdgården* and *Skansen*. On the stage of *Kungsträdgården* there are cabarets every Sunday evening during the summer. Don't fail to visit "*Gröna Lund's Tivoli*", a large amusement park near *Skansen*.

The regular theater and opera season runs from the end of August to the middle of June. During this period the *Kungliga*

Dramatiska Teatern (the Royal Dramatic Theater – H6) presents modern and classical plays, and during July a "Summer Play" with a special programme.

In summer regular performances of 17th- and 18th-century operas and ballet are given at the unique Drottningholm Court Theater dating from the 1760s. Advance reservation is necessary.

Variety shows are presented at Theater China and Börsen, while you find plenty of movie theaters all over the city showing films in their original languages. Check advertisements in the daily newspapers and "Stockholm this week". Stockholm also has a number of night clubs or restaurants that stay open until 03.00 hrs., and among them are Alexandra (G5), Atlantic (H6), Café Opera (H7), Börsen (H6), Maxim (E4), Nya Bacchi (H8) and Strömsborg (F7).

Looking around.

Sights.

Tours by coach or boat. Sightseeing tours by coach or boat depart from Karl XII-Torg and Strömkajen respectively – both points are near the Grand Hotel (H7). There are also tours by coach or boat from the City Hall Bridge (F7). You may choose either a "Grand City Tour I" or a "Grand City Tour II" both of 2½ hours' duration (SEK70 including entrance fees). A combined tour by boat and coach to Drottningholm Palace lasts 3 hours and costs SEK75 including entrance fees (summer only).

The "One Hour Canal Tour" by boat takes you past quays, embankments, wharfs and docks for SEK25, while the tour "Under the Bridges of Stockholm" is a charming trip on Lake Mälaren and the Baltic along lovely waterways throughout the city area (2 hours, SEK38).

Information and tickets at the Tourist Centre, Sweden House, Kungsträdgården. Tel. 789 20 00.

Stockholm on your own.

If you would like to explore the city on your own, it is easy to do so. We have listed some of the interesting points with map references (see map pages, 18–19).

Stadshuset (The Town Hall – E7). Stockholm's Town Reception Hall (1911–23) is still one of the outstanding examples of modern architecture in Europe. Guided tours start at 10.00 hrs. on weekdays and at 10.00 and 12.00 hrs. on Sundays. Don't miss the thrilling view of the city from the tower (May–September).

Riddarholmskyrkan (G8). The Riddarholmen Church is the Swedish "Pantheon" in which the kings Gustavus Adolphus and Charles XII as well as other great Swedes are buried.

Gamla Sta'n (G/H8), the Old Town. The narrow streets lined with old houses reflect the architecture of medieval Stockholm. Peek inside the charming, old courtyards and the interesting shops, where you'll find many good bargains. One of the main streets of this district is closed to motor traffic, making it an ideal promenade for tourists.

Kungliga Slottet (The Royal Palace) (G/H/7/8) is located in *Gamla Sta'n*. Built between 1697 and 1754, it is famed for its

exquisite interior with baroque and rococo decorations and fine collections of tapestries and china. A number of the rooms are open to the public and you can also visit *The Royal Treasury*, where the Crown Jewels and Regalia are on show. You enter through the southern gate with the entrance to the Treasury immediately to your left. Open: Weekdays 11.00 to 15.00 hrs. (May to August 10.00 to 16.00 hrs.), Sundays 12.00 to 16.00 hrs.

The Royal Armoury (G/H7/8), 3 Slottsbacken. This beautiful museum situated in the Royal Palace consists of 11 rooms containing a unique collection of costumes worn by members of the Swedish Royal Families, armour and weapons. The museum displays objects used at coronations as far back as King Karl IX, who was crowned in 1607. There are rooms with harnesses and trappings for horses as well as ceremonial carriages, and toys belonging to the Swedish princes and princesses. Not to mention the coats of arms of the five dynasties occupying the Swedish Throne during the last 450 years beginning with the coronation in 1528 of Gustav Vasa. Open: Monday to Friday 10.00 to 16.00 hrs., Saturdays and Sundays 11.00 to 16.00 hrs. Mondays closed September to April. Entrance charge.

Post Museum (G8), Lilla Nygatan, Gamla Sta'n. The Museum has permanent exhibitions showing the history of the post in Sweden – and an outstanding philatelic department with one of the largest collections of postage stamps open to public viewing in the world. Pride of the collection are two 1847 Mauritius stamps of which very few examples survive and a quarter sheet of 4-skilling *banco* stamps which forms the largest uncanceled block of such stamps still in existence.

Skansen (K/L7/8), *Djurgården*. A unique open-air museum and center of Swedish folklore, with old farmhouses, town buildings and workshops, windmills and a wooden church. There is also a zoo. Admission to the museum buildings from 11.00 to 17.00 hrs. during the summer season, closed for lunch 12.00 to 13.00 hrs. At Skansen there's also a popular amusement park (Gröna Lund) with a variety of entertainment including concerts, folk dances and public dancing out of doors. Admission charge.

Nordiska Museet (The Nordic Museum – J7) close to Skansen, is also well worth a visit. Here you can study the Swedish culture from bygone to modern days. Closed Fridays September through May.

Vasa Museum (J8), *Djurgården*. This museum houses the *Vasa* Man-of-War. Built in the early 17th century, when Sweden was a great power, she was one of the mightiest warships and as such richly ornamented. On the 10th of August, 1628, the *Vasa* sailed from the pier by the Royal Palace only to keel over and sink, before she left harbor. The resurrection of the *Vasa* – she was raised in 1961 after a 333-year-long sleep on the bed of Stockholm harbor – has attracted world-wide interest. The admission fee includes a guided tour of the ship, a showing of color films of the "*Vasa*" (every hour on the hour) and entrance to a museum containing various finds from the ship. Hours of admission: 09.30 to 19.00 hrs., June 10 to August 19, the rest of the year 10.00 to 17.00 hrs.

Waldemarsudde, Djurgården. The residence of the late Prince Eugen, one of Sweden's famous artists, houses a large collection

of his works together with paintings of contemporary artists. Closed Mondays December through May.

The National Museum of Art (H7), Blasieholmshamnen. This is the Swedish State's Museum of Arts with rich collections of paintings, sculptures, applied art, etc., by Swedish and foreign artists. Admission daily except Mondays 10.00 to 16.00 hrs., Tuesdays until 21.00 hrs., except during July and August, when it closes at 17.00 hrs.

The Museum of Medieval History (G7). Strömparterren, below Norrbro bridge. Objects and settings from Medieval Stockholm. Old City Wall. Closed Mondays.

Moderna Museet (I7) on Skeppsholmen (less than five minutes' walk from the National Museum) exhibits both Swedish and international modern art.

Kungliga Operan (G7). The Royal Opera House, Gustav Adolfs Torg.

Kungliga Dramatiska Teatern (H6). The Royal Dramatic Theater, Nybroplan.

Konserthuset (F5). The Concert Hall, Hötorget, with the Orpheus Fountain by Carl Milles in front of it, is the stage for performances of classical and popular music.

Hötorgshallen (The Haymarket Hall – F5) is also at Hötorgscity, below street level. Here you will find a special food market. It is a very colorful experience to watch the brisk business going on throughout the day.

Kaknäs Tower (off L5). A 155 meters (508 ft.) high tower offering a panoramic view of Stockholm and its archipelago. There is a souvenir shop in the lobby and fast elevators take you to a viewing platform and restaurant. Open until midnight on summer.

Excursions in the vicinity.

Your visit to Stockholm will be incomplete, if you miss the beauty of the city's surroundings. The countryside itself is picturesque and there are also numerous special attractions of which we list but a few:

Millesgården, Lidingö. Former home of the world-famous Swedish sculptor Carl Milles. Many of his works have been placed in the Italian Garden overlooking the sea. The house contains the late sculptor's exceptionally fine art-collections. You go there by subway trains No. 13 or 14, to Ropsten and then continue by bus one stop, from where you have a ten minute walk. Or join the afternoon sightseeing tour which includes Millesgården. Millesgården is open during the period May 1 – October 15 daily 10.00 to 17.00 hrs., during June and July also on Tuesdays and Thursdays 19.00 to 21.00 hrs.

Drottningholm Palace, on an island in Lake Mälaren, is a magnificent 17th-century building set in a beautiful park with fine fountains – now the residence of the King and Queen of Sweden. There is an 18th-century Court Theater, completely preserved in its original style. Although it is now a museum, during the summer regular performances are staged there. Be sure to see the Chinese Pavilion, famed for its combination of rococo and Chinese styles. Join one of the excursions by boat and motor coach mentioned under "Sights" or you can reach Drottningholm

by boat from Klara Strand (F7) – near the City Hall. There is also a bus from Brommaplan subway station.

Skärholmen. A visit to this ultra-modern suburb gives you a peep into the 21st century and shows the progress the Swedes are making in suburban housing development. Located about 13 km (8 miles) south of Stockholm, just off the main E4 road, this is a place, where you can take your car (or if you prefer catch a subway train at Central Station, line 13). A large flea market is held here – open daily. The large IKEA department store is nearby. Most of the main Stockholm stores have branches in the shopping mall.

Exploring farther afield.

Excursions from Stockholm.

If possible, allow time to visit one or more of these interesting places. Information and tickets from the Tourist Centre, Sweden House, Kungsträdgården, tel. 789 20 00.

Sigtuna, the oldest town in Sweden, situated on the northern shore of Lake Mälaren, is only a short distance by train and bus from Stockholm. A small town with 5,000 inhabitants it is surprising to realize that Sigtuna, once upon a time, was of great importance. It was founded by Sweden's first Christian king, Olof Skötkonung, and for 150 years it was the country's capital. Remains of Olof's ancient town have been excavated and there are some interesting relics from that period exhibited in the local museum, Sigtuna Fornhem. At the end of the twelfth century the town was invaded by pirates and lost its importance until the middle of the thirteenth century, when Dominican friars chose Sigtuna for their first monastery in Sweden. Today the town is a center of youth education and possesses various schools of distinction. See the ruins of St. Per's Church, Sweden's first cathedral (about 1100), St. Olof's Church (somewhat younger) and the Monastery Church of St. Mary (middle of 13th-century). And you should not miss the idyllic little Town Hall (18th-century), picturesquely situated and the Lundström House, which is a fine example of 19th-century architecture with furniture from the same period. You can go there on your own either by car or by train from the Central Station, changing to a bus at Märsta. For information call the tourist bureau, tel. 0760-51432

Uppsala, Seat of the Archbishop and the leading university town of Sweden, is only one hour by train from Stockholm. The majestic Cathedral, founded in the thirteenth century, was completed in 1435. Inside is a silver shrine containing the relics of St. Erik, King of Sweden. Works of art are exhibited in the "Silver and Garment Chamber". Nearby is the Trinity Church which has mural and vault paintings from the Middle Ages. The Castle, constructed in the 16th–17th centuries, is a very impressive building. Visit the University Library to see the famous Silver Bible, "Codex Argenteus", from the 6th century. Opposite the Castle and the Library are the Botanical Gardens of the University, but it would perhaps be more interesting for you to visit the Linnaeus Garden of the University. The world-famous Swedish botanist, Carolus Linnaeus, had his home here from 1743–1778. Today the building in which he lived has been converted into the Linnaeus Museum and the gardens have been rearranged so as to appear exactly as

they were, when Linnaeus was supervising them. For tourist information call 018-11 75 00.

Old Uppsala, a short distance north of the town, was a royal residence in pre-Christian times and during some succeeding centuries. Three mounds near the church are royal graves from about 500 A.D. A large pagan temple stood on the site of the present church which was built in the middle of the 12th century, when it replaced the first cathedral of Uppsala, built of wood. Near the church is an interesting open-air museum, Disagårdarna.

Skokloster is a stately 17th-century castle at Lake Mälaren northwest of Stockholm. Nearby is a museum with a collection of Veteran Cars. There is also a restaurant.

Gripsholm's Castle is near the small and picturesque town of Mariefred at Lake Mälaren. The Castle – built in 1537 – contains a picture gallery with over 2,400 historical portraits. By train and bus you reach Mariefred in about one hour and a half, but in the summer you may prefer to go by boat – a pleasant three hours' trip from the Town Hall Bridge. From Mariefred you can take a tour on the narrow-gauged museum railway to Läggesta, 4 km (2½ miles), and back.

Vaxholm, on one of the islands in the archipelago, can be reached by bus from Jarlapan, or better, by boat from Strömkajen, near the Grand Hotel. Vaxholm is an idyllic town, overlooked by an old fortress with an interesting museum.

Saltsjöbaden. Lovely bathing resort in Stockholm's archipelago. Go there by train from "Slussen" (less than 30 minutes).

Sandhamn – an island in the archipelago which has become a popular center for yachtsmen. Watch the small boats in the harbor, wander through the tiny village, stroll through pinewoods to the Trovill Beach and climb Dansberget for a wonderful view of the outer islands' chain.

The Sandhamn steamer sails every morning during summer from the quay near the National Museum of Art – the trip takes 3½ hours. Or you can travel by car or bus to Stavnäs and take the boat from there to Sandhamn – this trip takes about two hours.

Falun. Some 240 km (150 miles) northwest of Stockholm lies the medieval copper town of Falun – in the heart of the folklore rich county of Dalarna. But just as interesting as the rustic villages nestling in this scenic area are the fascinating experiences to be enjoyed *underground* on a visit to the *Falun Copper Mine*.

Today the mine is still being worked – thus a 1,000-year-old tradition is being maintained. Throughout this time the mine has played an important role in both the fortunes of Sweden and those of Stora Kopparberg Company which owns the mine. A modern elevator takes you down to the 55 m (180 ft.) level, where a new tunnel leads you into the oldest parts of the mine.

Qualified guides conduct all parties. Protective clothing is provided. Also worth visiting is the Stora Kopparberg Museum, just outside the entrance to the visitors' mine, which includes the largest collection of Swedish currency exhibited in the country.

Mariehamn on Åland (Finland), a group of islands in the Baltic Sea, halfway between Sweden and Finland. Big modern ships

leave from Värtahamnen (L1) and Stadsgården (L10). Ask your travel agent or SAS for details.

Kolmården Natural Zoo. A two hours' drive southwest from Stockholm on the E4 highway takes you to the unique Kolmården Zoo where giraffes, elephants, white rhinoceroses, zebras, antelopes, tigers and other animals plus a host of exotic birds can be seen in an ingeniously constructed nature reserve.

Visby, Gotland, the "City of Ruins and Roses". Inquire at SAS Ticket Offices about flights to the island of Gotland. Gotland is also connected by boat service to many points on the mainland. A visit to Visby, a medieval walled city with numerous ruins from the Middle Ages, is unforgettable.

The Land of the Midnight Sun, above the Arctic Circle. During June and July SAS offers Midnight Sun arrangements at Kiruna and Luleå in connection with regular flights from Stockholm. See your travel agent or SAS for further information.

Shopping and souvenir hunting.

Stockholm ranks as one of the top shopping centers in Europe. The traffic-free shopping piazzas hint at the future, while the snug boutiques in the Old Town take you back to medieval days.

In a country which has one of the highest standards of living in the world, it goes without saying that the shops can offer the widest possible selection of merchandise – but for the visitor the typically Swedish goods are the items which attract.

The main shopping streets in the city center are Birger Jarls-gatan, Biblioteksgatan, Kungsgatan, Hamngatan (with Gallerian), Drottninggatan, Sergels Torg and, in the old city, Västerlånggatan.

The value added tax in Sweden is 23.5 percent. Foreign visitors (non-Scandinavians) are offered a tax-free shopping service in some 900 stores in Stockholm. The merchandise is paid for in full in the store and when the visitor leaves Stockholm, the VAT minus a modest fee is refunded at Arlanda International Airport.

Here are a few shopping suggestions:

Cameras. Good buys in Sweden! Sometimes you can purchase imported cameras cheaper than in the country of origin. Sweden, of course, is the home of the famous Hasselblad camera used by the U.S. astronauts.

Crystal and china. Names to remember for exciting Swedish glassware – Orrefors, Kosta, Boda and Reijmyre – and for porcelain, Rörstrand and Gustavsberg.

Jewelry. Look for the silver and pewter necklaces, rings and bracelets featuring semi-precious stones – many of these are copies of original Viking designs in modern settings!

Home furnishings. It is hard to resist strolling through a Swedish furniture store without falling in love with one of the Scandinavian Modern chairs, one-of-a-kind lamp shades or perhaps a colorfully woven Rya rug. One of the best places to see a wide selection of reasonably-priced Scandinavian furniture is at IKEA, a circular-shaped store – the biggest furniture center in Scandinavia – which is located at Kungens Kurva on highway E4, 8 km (5 miles) south of Stockholm. (Take the free bus service from outside the Tourist Centre, Sweden House, go by subway lines 13 or 14 to Fruängen or Skärholmen and from there catch bus No. 720 to the store – or drive there by car.)

Arts and antiques. There are quite a large number of small, private galleries in the city – you can usually find names and addresses from the weekend advertisements in the daily newspapers. For antiques, it's best to go straight to Gamla Sta'n, the Old Town, where you can find a fair selection of shops lining the narrow, cobble-stoned streets. You will find a number of small galleries at "Puckeln", Hornsgatan.

Handicrafts. For several years, the most popular souvenir bought by visitors to Sweden has been the orange-painted, wooden Dala horse – and no doubt you will also like to take one home with you (they come in all sizes). But woodwork is not the only craft in which the Swedes excel, ask to see handprinted, linen tapestry with "kurbits" painting – this is a primitivistic art from the province of Dalarna, Sweden, which was popular in the 18th and early 19th centuries.

Suède. Suède – a Swedish invention – is simply the French word for Sweden. Almost all of it comes from the small village in the county of Dalarna called Malung. Whether you're looking for an overcoat, skirt or jacket, you'll find Stockholm's shops can offer you the finest suède articles in the world.

Fashion. You're not wasting your time in visiting a clothing shop, for both the ladies' fashions and the men's wear – especially the ready-made – are among the leaders in Europe.

Furs. As in all Scandinavian cities, the fur coats are well worth examining – if only to admire the styling and quality! Name to remember is "SAGA" mink.

Sports' articles. Sweden is the home of the world-beating ABU Svängsta fishing rods and reels. If you're an outdoor lover, you'll enjoy browsing Stockholm's stores for the camping equipment is outstanding – and so are the sailing and powered boats.

Special gift suggestions. For him – if he's a handyman, he'll appreciate a knife, set of spanners or saw made of Swedish steel. If he likes an occasional drink, why not a pewter mug or a set of crystal whisky tumblers?

For her – don't be afraid to buy gifts for the home like lamp shades, non-stick frying pans, coffee-pots, kettles – they may sound ordinary, but the Swedish modern design lifts them into the category of "household objets d'art". Hand-woven tapestries, tablecloths, napkins will also be appreciated. For the youngsters – Sweden makes some of the most stylish, high-quality children's clothing in Europe, though prices are not low. If you want sturdy, easy-to-travel children's gifts, have a look at the wooden Brio toys.

For the whole family – why not take home pairs of Swedish clogs, the wooden shoes which are top fashion in places as far apart as New York and Paris? And why not treat yourself to a writing set of Swedish hand-made paper and envelopes – ask to see the Lessebo brand.

Supermarkets.

Though you are unlikely to want to buy much food, it is interesting to visit a supermarket such as Domus or Åhlens, for here you can find good buys in stainless kitchenware, lower-priced glassware—even furniture!

Department stores.

Without doubt one of the easiest ways of solving your shopping problem is to visit one of the large department stores which sell everything from beds to buttons – NK (Nordiska Kompaniet) at 18–20 Hamngatan is the best known.

Opening hours.

Shops are, as a rule, open from 09.30 to 18.00 hrs., Saturdays to 13.00 or 14.00 hrs. Department stores are usually open until 19.00 hrs. on Mondays and until 16.00 hrs. (in the summer 14.00 hrs.) on Saturdays. Some shops are open late at night and on Sundays.

Shopping list.

Cameras

Expert Gallerian (G6)
37 Hamngatan.
Hasselblads Foto (G6)
16 Hamngatan.
OJAS Foto (F5)
21 Sergelgatan.
Sams Foto (G6)
42 Regeringsgatan.

Crystal and china

Duka-Aveny (G5)
Concert Hall Building,
41 Kungsgatan.
Duka Butiken (G6)
7 Norrlandsgatan.
J. O. Lundqvist (H5)
4 Mäster Samuelsgatan.
AB Nordiska
Kristallmagasinet (G5)
9 Kungsgatan.
Svenskt Glas AB (H6)
8 Birger Jarlsgatan.

Jewelry

W. A. Bohlin (H4)
12 Sturegatan.
ClæS E. Giertta (E4)
77 Drottninggatan.
Guld-Fynd AB (F6)
11 Sergelgatan.
Bengt Liljedahl (G4)
35 Birger Jarlsgatan.

Home furnishings

IKEA (off map)
Kungens Kurva,
Skärholmen.
AB Harald Löfberg (F6)
58 Kungsgatan.

Arts and antiques

AB H. Bukowskis
Konsthandel (H6)
8 Wahrendorffsgatan.
Bertil Ljunggren (I5)
40 Nybrogatan.
Bernhard Magaliff (G7)
16 Gustav Adolfs Torg.

Handicrafts

De Fyras Bod (H6)
12 Birger Jarlsgatan.
Klockargårdens Hemslöjd (F6)
64 Kungsgatan.
Konsthantverkarna (H5)
2 Mäster Samuelsgatan.

Stamps

Frimärkshuset (F6)
5 Mäster Samuelsgatan.
Philatelic Department,
Post Office (E6)
7 Vasagatan.

Suède

Nya Malungs (G6)
37 Hamngatan.
Olof Nylander (E2)
126 Sveavägen.
Sportco Skinn AB (E6)
21 Vasagatan.

Furs

Rune Landert (H5)
29 Nybrogatan.
Lundegren & Peters (F5)
5–7 Adolf Fredriks Kyrkgata.
Körsnär Ivan Petersson AB
(I5)
32 Kommendörsgatan.

Sports' articles

Idrottsmagasinet (H6)
5 Birger Jarlsgatan.

Tennisspecialisten (F4)
19 Tegnérgatan.

Watches

Rob. Engström AB (F/G6)
32 Drottninggatan.
Lindell AB (H6)
15 Birger Jarlsgatan.
G. A. Norrman AB (F5)
2 Hötorget.
AB Ur & Penn (G5)
41 Kungsgatan.

Sports and pastimes.

Active sports.

There are 18-hole golf courses at Kevinge and on Lidingö, at Djursholm (about 20 minutes by train from Östra Station (G2) – change at Stocksund to bus 616), at Drottningholm (subway to Brommaplan and 10 minutes by buses 301/309) and several others including Viksjö and Värmdö. Also at Ulna, Åkersberga, tel. 0762-26075.

The Royal Tennis Hall (K1) offers 9 indoor courts and 7 outdoor courts for tennis. There are also 8 squash courts there. Rackets are available for rent. For reservations call 67 03 50.

Stockholm's archipelago is a must for the yachting enthusiast. Several firms rent sailing yachts and motorboats in Stockholm and district.

You will also find facilities for other sports such as bowling, badminton, etc. all over Stockholm.

Spectator sports.

As in the rest of Sweden, football (soccer) is the favorite summer sport with important matches taking place at Råsunda Stadium and Stockholm Stadium (H3).

The two race courses are Täby (flat-racing) and Solvalla (trotting).

Edited by Brian Hill

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